

MESSAGE FROM BERKS HEIM DEPARTMENT HEAD TEAM

Berks Heim would like to say thank you to all our incredible staff for their hard work and dedication. This month we celebrate National Speech & Language month, as well as National Nurses Week and National Skilled Nursing Care Week. We would also like to thank our dedicated receptionists on May 14 and our talented and hard working accounts receivable team on May 19.



National Receptionist Day



NATIONAL SKILLED NURSING CARE WEEK

NEWS AROUND THE HEIM

NATIONAL VOLUNTEER SERVICE WEEK

Friday, April 25 we held a luncheon in honor of our volunteers who donate so much of their time and talents to our residents. The meal was provided by Moyer's Catering in Boyertown. Thank you to our staff for their kindness in both providing gift baskets and helping the day of the event.



Our resident council along with the Social Services department wrote messages on flowers they made and then decorated the beauty shop with them as a surprise. Sheila and Danielle greatly appreciated the thought, time, and effort and would like to thank everyone that was involved.

Congratulations to Judy Rojas in the Business Office. She is retiring after 29 years at Berks Heim. Best Wishes Judy.



Activities in Honor of the Tapestry of Life:

Sunday:	May 11	2:30 p.m.	Mother's Day Social
Monday:	May 12	2:30 p.m.	Tapestry of Local Trivia
Tuesday:	May 13	2:00 p.m.	Talent Show
Wednesday:	May 14	10:00 a.m.	Movie: Funny Farm
		2:30 p.m.	Bingo
Thursday:	May 15	10:00 a.m.	Make N. Take-Paper Weaving
		2:30 p.m.	Encore Choral
		7:00 p.m.	Piano Recital
Friday:	May 16	10:30 a.m.	Story Threads
		2:30 p.m.	NSNCW Week Celebration
Saturday:	May 17	2:30 p.m.	The B List



WELCOME NEW EMPLOYEES



My name is Steve Prutzman. I am the new Director of EVS & Laundry at Berks Heim. I was born and raised in Schuylkill County and attended Mahanoy Area High School. I have 3 children, Isabella, Braelynn and Stefano and a dog named Chaos. In my free time I enjoy playing sports with my children and golfing.



My name is Ayo and I recently started as the Director of the Dietary department. I grew up in Nigeria and attended Barton Community College. I currently live in Muhlenberg with my wife, 10- month- old child and our dog.

When I am not thinking about food (which is rare), you will probably find me flying my drone or chasing my 10- month-old. I am excited to bring good vibes, great meals and a big appetite for team work.

National Days in May

-  1 - May Day
-  3 - Kentucky Derby Day
- 4 - Star Wars Day
-  5 - Cinco de Mayo
-  11 - Mother's Day
- 14 - Receptionist Day
- 17 - Armed Forces Day
- 19 - Accounts Receivable Appreciation Day
- 23 - World Turtle Day
-  26 - Memorial Day
- 30 - Water a Flower Day 

In Search of Volunteers to help with the upkeep of the B1 gardens and the front flower bed. If anyone would like to help please see Michele in Clerical.




Sun

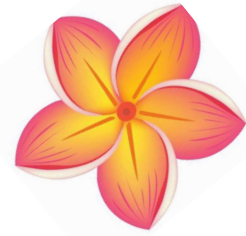
Mon

Tue


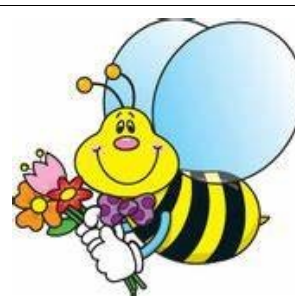
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Sun	Mon	Tue	W
<p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p>			
<p>4 2:30-Protestant Service (A/C)</p>	<p>5 10:30-Exercise (A) 2:30-Cinco De Mayo (A/C)</p>	<p>6 10:15-Devotions (C) 2:30-BINGO (A/C)</p>	<p>7 2:30-Carol</p>
<p>11 2:30-Protestant Service (C) 2:30-Mother's Day Social (A)</p>	<p>12 10:30-Exercise (A) 2:30-Tapestry of Local Trivia (A/C) 7:00 Who Am I?</p>	<p>13 10:15-Devotions (C) 2:00-Talent Show (A/C)</p>	<p>14 10:00-Mo Farm 2:30-BIN</p>
<p>18 2:30-Protestant Service (A/C)</p>	<p>19 10:30-Exercise (A) 2:30-Cheer Club* (A)</p>	<p>20 2:30-Cheese & Ale Social (A/C) 6:45-Dove Dancers (C)</p>	<p>21 </p>
<p>25 2:30-Protestant Service (A/C)</p>	<p>26 MEMORIAL DAY 2:30-Holiday Fun (A)</p>	<p>27 10:15-Devotions (C) 7:00-The Chat Room (A)</p>	<p>28 2:30-Craf 7:00-The B</p>

ALL EVENTS AND/OR TIMES



Wed Thu Fri Sat

	1 10:30-Rosary (C) 2:30-BINGO (A/C) 7:00-Jeopardy (A)	2 2:30—Stories with Friends* (A)	3 10:30-Month in Review (A) 2:30-Crafter’s Corner (A)
Club* (A)	8 10:30-Rosary (C) 2:30-Resident Council (C) 7:00-Irish Dancers (A/C)	9 10:30-Fun Fitnesssize* (A) 2:00-Cooking Club* (A) 7:00-Salvation Army Dev. Prog. (C)	10 10:30-Taster’s Choice* (A)
Movie-Funny m (A) BINGO (A/C)	15 10:00-Make N Take Paper Weaving (A) 10:30-Rosary (C) 2:30-Encore Chorale (A/C) 7:00-Piano Recital (A/C)	16 10:30-Story Threads (A) 2:30-NSNCW Week Celebration (A/C)	17 10:30-Whoga Yoga* (A) 2:30-The B List (A/C)
	22 10:30-Rosary (C) 2:30-Male Gathering* (A)	23 10:30 - Fun Fitnesssize* (A) 2:30-Memorial Day Service (C)	24 2:30-Musical Trivia (A)
Club* (A) ig Picture (A)	29 10:30-Rosary (C) 2:30-Red Hat* (C)	30 	31 2:30-Active Games-Shuffleboard&* (A/C)

S ARE SUBJECT TO CHANGE

Welcome New Admissions

A-2 Pretzel City

Elizabeth Bodek
David Culp
Judith Stephens

A-3 Penns Pointe

Jennie Liberato

B-1 Market Square

Dolores Guzanowski

B-2 Reading Station

Elaine Taylor
Betty Ustaszewski

Essick Commons

Diane Rauber

During the month of April we had 11 new admissions

Happy May Birthdays

*B. Arlene Clouser.....May 1	Helen Smolkowicz.....May 22
Darlene Degler.....May 1	Grace Hoffman.....May 22
Jane Biever.....May 3	Harriet Layton.....May 22
Betty Sterner.....May 3	Thelma Bates.....May 24
Stella Gajewski.....May 8	*Margaret Messner.....May 25
Grace Hooper.....May 10	*Matilda Wasser.....May 25
Judith Goodman.....May 12	Erica Royko.....May 27
Mary Hatton.....May 14	June Barndt.....May 27
Steven Yanoski.....May 14	Jean Buller.....May 28
Helen Rothenberger.....May 18	Rosemarie Kloski.....May 31
Betty Heimbach.....May 20	Kathleen Schollenberger.....May 31
David Culp.....May 20	
Geraldine Bruder.....May 21	

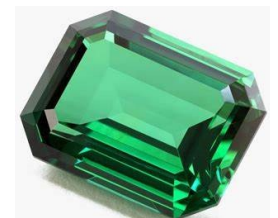
***Denotes a Centaurian**

FLOWER OF MAY



LILY OF THE VALLEY

BIRTHSTONE FOR MAY



EMERALD


New Employees

WELCOME!

- Arianna Cintron.....Nursing
- Shianne Dawson.....Nursing
- Caitlyn Dieckhaus.....Nursing
- Marquetta George....Nursing
- Cynthia Jimenez....Nursing
- Kaitlyn Reiseg.....Dietary
- Rodney Remy.....Dietary
- Montanna Sims-Mosley....Nursing
- Craig Smith....Nursing
- Jayda York....Nursing



5 YEARS

Winnie Koros.....Nursing

15 YEARS

Heather Wentzel....Dietary



**COMING SOON IN JUNE:
FOOD TRUCKS -
SCHEDULE TO FOLLOW**



**“CAN YOU SPY”...
WITH YOUR LITTLE EYE**

**A
BUTTERFLY**



**COUNT HOW MANY YOU SPY
(ANSWER PAGE 12)**



Chaplain's Good News for April!

By Chaplain Kerry Hicks

Trials

A trial has not taken you except what is common to mankind: but God is faithful Who will not permit you to be tested beyond what you are able, and therefore He will then in the test make you to be able to patiently bear the way out. (I Corinthians 10:13)

While some translations talk about escape or the LORD providing a way out, this is the literal translation. As much as we would like an escape most of us know that escape has not been typical of our Christian experience. We all have had seasons that have been uncomfortable or even downright painful, but God has always enabled us to endure the way out. It is a process, a process of maturing in the LORD, as we learn to stand in faith and pursue the things of God. A trial is a heavenly test that forces a person to choose between God's will and his own nature or understanding of what is right. By standing in faith, we serve as witnesses to the world of His power working through us. God knows how you will respond before the test starts.

Remember *And He called the name of the place Massah and Meribah, because of the chiding (scolding/rebuking harshly) by the children of Israel and because they tempted the LORD by saying, "Is the LORD among us or not?" Then Amalek came and fought with Israel in Refidim...Exodus 17:7,8.* Two major things happened here that we need to avoid: first the people questioned the presence of the LORD. The second is the coming of Amalek. If you question the presence of the LORD, you can be sure that Amalek will come on the heels of the question. *Remember what Amalek did to you on the way, when you came out of Egypt. How he met you on the way and struck those in the rear of you, all that were feeble behind you when you were faint and weary, and he did not revere God. (Deuteronomy 25:17,18)* Satan will attack you where you are weakest, and if you cry, "Why are you not here, LORD?" That will invite more trouble: a cycle we all want to avoid.

Keep your faith level high bearing in mind at all times that...*For He said, "I will NOT abandon you and I will NOT EVER forsake you." Hebrews 13:5)* In the Greek language repeated use of a negative strengthens the statement, so the author of Hebrews is saying God will **NOT IN ANY WAY EVER**, under any circumstance, leave you or forsake you for even a moment. A just God does not impose trials that are beyond the capacity of the individual, *I Corinthians 10:13 ...because the wrestling is not with blood and flesh, but with the rulers, with the powers, with the world rulers of darkness, with the spiritual (powers) of the wickedness in the heavens. (Ephesians 6:12) Through every prayer and entreaty, praying in every time in the Spirit, and being alert in Him, by means of every perseverance and entreaty concerning all the saints. (Ephesians 6:18) Have I not commanded you? Be strong! Be of good courage! Do not tremble! Do not be dismayed! For the LORD your God is with you wherever you go. (Joshua 1:9)*

Once again, keep your faith level high. Know that there will be seasons when you are being challenged and stretched. But be **absolutely certain** that **the LORD your God is with** you wherever you go, that He will **NEVER** abandon you or forsake you. Never, never say *"Is God among us or not?" (Exodus 17:7)* You can be sure that He is with you and that He will make you able to endure, to patiently bear the way out.

Be encouraged my dear friends. God will make a way where there seems to be no way!

Shalom,
Chaplain Kerry

Source: Reverend William J. Morford ONMB

Things That Make You Go Hmmm....



By Andrea Riegel

An Oscar winner cannot sell or otherwise dispose of the statuette without first offering to sell it back to the Academy of Motion Picture Arts and Sciences for \$1.00

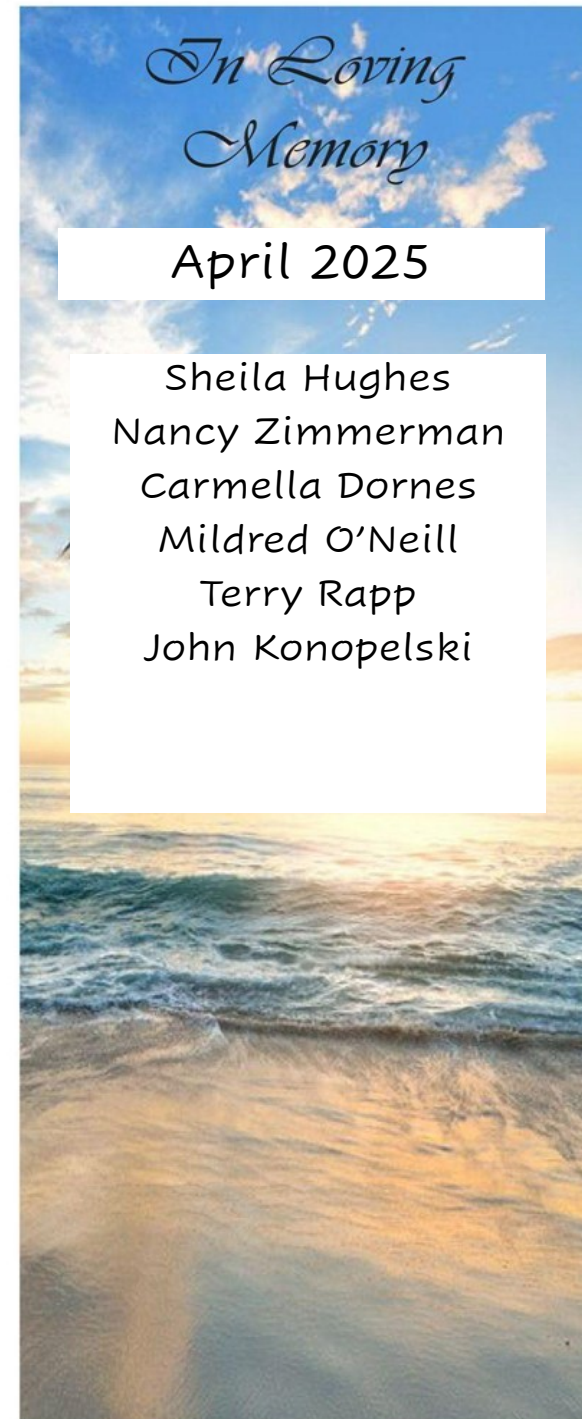
Over 2,500 old NYC subway cars have been dumped into the Atlantic Ocean to create artificial reefs. Their hard surfaces are an easy place for invertebrates to latch onto and provide 400 times more food than a sandy ocean floor alone.

March 1876, large chunks of mutton or venison fell from the sky over Olympian Springs in Owingsville, KY. Later it was determined vultures were responsible for this event, known as the Kentucky Meat Shower.

Goats have rectangular pupils. The weird shape helps them stay aware of their surroundings.

Greenland is the least densely populated country in the world. The massive island has only 0.07 person per square mile.

Women in ancient Rome would donate their hair to make rope for catapults.



How Many Did You Spy?

I Spy Answer :

There are
9 Butterflies



Berks Heim Family & Friends

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- Assistant Administrator.....Sally Miller, NHA
- Director of Nursing.....Elizabeth Ernst, RN
- Asst. Director of Nursing.....Lori Snyder, RN
- Asst. Director of Nursing.....Melissa Miller, RN

Heim Family & Friends is published monthly by the Berks Heim Clerical Department
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Phone: 610-376-4841

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Printed by the Berks County Services Center Print Shop



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