



Family & Friends

Resident & Employee Newsletter

August 2025



INTRODUCING.....



My name is Michele, and I recently started as the Director of the Therapy department. I grew up in Quakertown and attended Lehigh Carbon College for Physical Therapy. I currently live in Boyertown with my husband Patrick, our two French bulldogs, Neptune and Queene and two cats, Thelma and Louise.

I enjoy gardening, reading, hiking, riding my motorcycle and spending time with my family. I am excited to be here and look forward to being a part of this wonderful community.



Hello, my name is Barbara and I started working at the front desk as a 4-8 shift receptionist. I was born in Europe and came to the United States with my family at an early age. I lived in Reading until I got married, and I presently reside in Hamburg.

I attended St. Mary's and graduated from Central Catholic High School. I worked for the PA State Police as a police communication operator for 20 years. I also owned Kurtz Florist shop for 30 years and I am retired from both.

I have traveled throughout the United States and took many trips to Herkimer Diamond Mine in New York and I have been to the Crater of Diamonds in Arkansas. I enjoy rockhounding, gardening, jewelry making, and floral design.



Laila Lopez (not pictured) recently started in the EVS department as an Operations Manager on the 3-11 shift.

HEIM FEST COMING SOON

Heim Fest
Saturday, September 13
 11:00—4:00

JOIN US FOR A FUN FILLED DAY WITH SOMETHING FOR EVERYONE

RAFFLE DRAWING
 TICKETS ON SALE NOW THROUGH THE FESTIVAL DRAWING AT 3 PM—YOU DO NOT HAVE TO BE PRESENT TO WIN
1ST PRIZE—HANDMADE QUEEN SIZED QUILT
 \$1 EACH OR 6 FOR \$5

Free Musical Entertainment	Delicious Food
from 11:30-4:00 FEATURING:	<ul style="list-style-type: none"> • HOT DOGS • HAMBURGERS • TURKEY BAR-B-Q • PIZZA • ICE CREAM/STRAWBERRIES/SHORTCAKE • FRENCH FRIES • FUNNEL CAKE
<ul style="list-style-type: none"> • SWING FEVER BAND • PRETZEL CITY CHORUS • DAYS OF OLD 	
Also:	BAKE SALE
GAMES/PRIIZES	FLEA MARKET
	11-3:00

JUST ABOUT US



World Senior Citizens Day is celebrated on August 21st. It is an opportunity to show appreciation to seniors for the accomplishments and services they have given in their lives. We asked a few of our residents to share some moments from their lives with us.

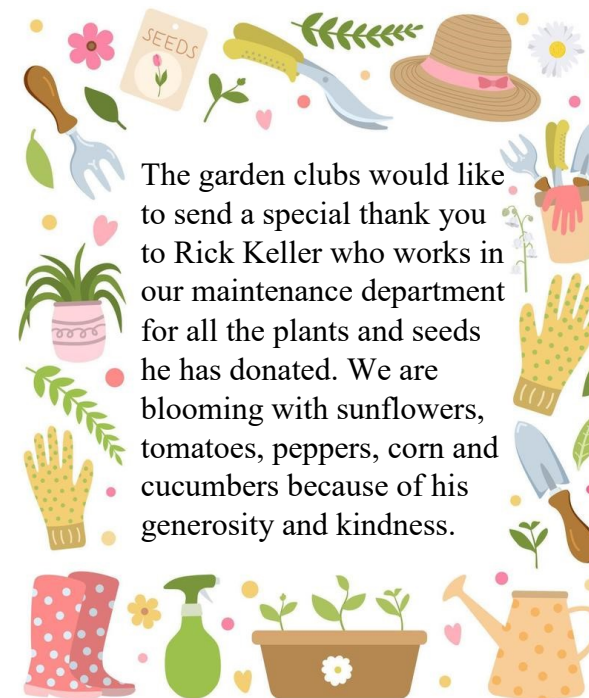
- Dennis S. (A3) - The best memory was 30 years ago when I met my wife.
- Ella E. (A3) - Loves to travel. When she was in high school she saw a picture of Canada and wanted to go there and finally did get to the Icefields. Also traveled to Scotland, Ireland, and Wales.
- Elizabeth I. (A1) - Happiest memory is when her husband proposed.
- Nancy Z. (A1) - Happiest memory is when she received her Masters in Nursing.
- Helen S. (B1) - She was married twice and she wouldn't change a thing. Both marriages were special, "Life goes on and so do you."
- Mary H. (B1) - Best memories are when she was in nursing and helping take care of people.
- Stella W. (A1) - Shared her greatest accomplishment of being a homemaker and her family which consists of 6 children, 13 grandchildren and 22 great grandchildren.



August is "Happiness Happens" month, a time to celebrate things that makes us happy. Sharing happiness is contagious so we asked some of our staff & volunteers to share a happy moment or something that makes them happy.

- 😊 Michael K.- graduating from Coatesville High School and the upcoming school reunion.
- 😊 Amy M. - spending time with my grandchildren.
- 😊 Melanie K. - going for long walks in the sun with my puppy.
- 😊 Michele R. - spending time with my family.
- 😊 Rebecca F. - enjoying the little moments with my children.

NEWS AROUND THE HEIM



The garden clubs would like to send a special thank you to Rick Keller who works in our maintenance department for all the plants and seeds he has donated. We are blooming with sunflowers, tomatoes, peppers, corn and cucumbers because of his generosity and kindness.

Residents attending Western Whirlwinds, a new activity club with therapist Deb. They enjoyed listening to old and new country music. They reminisced about the western songs and had refreshments.



National Days In August

- 2- Ice Cream Sandwich Day
- 4 - U.S. Coast Guard Day 
- 7 - National Lighthouse Day
- 9 - Book Lover's Day 
- 12 - Vinyl Record Day 
- 13 - Left Hander's Day
- 17 - National Thrift Shop Day 
- 19 - Potato Day
- 21 - Senior Citizen's Day 
- 25 - Park Service Day
- 28 - Bow Tie Day 
- 30 - National Beach Day 

2025 Walk To End Alzheimer's— Berks County

Saturday, October 18, 2025
Berks County Heritage Center

Register on the 2025 Walk to End Alzheimer's - Berks County website to join Team Berks Heim in the Fight Against Alzheimer's.

HEIMFEST DONATIONS

We are looking for donations for the Flea Market. Donations may be dropped off in the clerical office up until 9-12.

We are also looking for people willing to bake and donate items for Heimfest.



AUGUST



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p>					<p>1 10:30 Music In Motion* (A) 2:30 Garden Club* A-Side Courtyard 2:30 Stories With Friends* (A)</p>	<p>2 10:30 A Month In Review (A)</p>
<p>3 2:30 Protestant Service (A/C)</p>	<p>4 2:00 Western Whirlwinds* (A)</p>	<p>5 10:30 Catholic Mass w/communion (C) 2:30 Game Lounge* (A) 2:30 Garden Club* A-side courtyard 6:30 Chat Room (A)</p>	<p>6 2:30 Peach Fun Music by Give us a Minute (A/C)</p>	<p>7 </p>	<p>8 7:00-Salvation Army (C)</p>	<p>9 10:30 Whoga/Yoga *(A)</p>
<p>10 2:30 Protestant Service (A/C)</p>	<p>11 2:30 Master Minds *(A)</p>	<p>12 10:15 Devotions 2:30 Banana Split Social (A/C)</p>	<p>13 2:30 Nativity Lutheran Church Bingo (A/C) 6:30 Jeopardy (A)</p>	<p>14 10:00 Gentlemen's Club* (A) 10:30 Rosary (C) 2:30 Garden Club*A-Side Courtyard 2:30 Resident Council (C) 6:30 Junk Drawer Detective (A)</p>	<p>15 2:00 Cooking Club *(A) 2:30 Stories With Friends *(C)</p>	<p>16 10:30 Taster's Choice *(A)</p>
<p>17 2:30 Protestant Service (A/C)</p>	<p>18 2:30 Bingo (A/C) </p>	<p>19 10:15 Devotions 2:30 Dice Club *(A)</p>	<p>20 2:30 Wedding Bells (A/C)</p>	<p>21 10:30 Rosary (C) 10:30 Lava Java * (A) 2:30 Red Hat * (A) 6:30 Battle Of Sexes (A)</p>	<p>22 2:30 Berks Heim Fair (A/C)</p>	<p>23 10:00 Bocce Activities Game (A/C)</p>
<p>24 2:30 Protestant Service (A/C)</p>	<p>25 10:30 Exercise</p>	<p>26 10:15 Devotions (C) 2:30 Ice Cream Cone Social</p>	<p>27 2:30 Craft Club* (A) 2:30 Garden Club* A-Side Courtyard</p>	<p>28 10:30 Rosary (C)</p>	<p>29 10:30 You be The Judge* (A) 6:30 Loaded Questions (A)</p>	<p>30 2:30 What's The Scoop? (A/C)</p>
<p>31 2:30 Protestant Service (A/C)</p>	<p>2:30 Armchair Travel* (A) 6:30 Song Burst (A)</p>	<p>Music By Toad Creek Tom (A/C)</p>				

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

B-1 Market Square

Dorothy Blimline

A-1 Carsonia Court

Suzanne Schoenfeld

A-2 Pretzel City

Jean Haldeman

Ingrid Hummel

Harlan Snyder

During the month of August we had 9 new admissions

Happy August Birthdays

Mary Ann Latze.....August 1	Ella Hess August 20
Michael SmithAugust 2	Barbara Brooks..... August 22
Alice Knauer.....August 3	Clarence Spangler.....August 24
Carolyn Mervine.....August 7	William SurgeonerAugust 24
Betty Ustaszewski.....August 12	Emily JeanAugust 28
David Froelich.....August 14	Marian FanslerAugust 31
Marilyn Styer..... August 15	
Bonnie Kintzer..... August 15	
Kathleen Eshelman.....August 16	
Ella Epps.....August 18	
Sonia Folk August 19	
Patricia Treaster.....August 19	
Sharon OxenreiderAugust 19	



***Bold indicates centenarian**

BIRTHSTONE FOR August

Peridot
AUGUST BIRTHSTONE



August FLOWER – Gladiolus



WELCOME TO OUR NEW STAFF!

- Salvatore Azzolina.....Nursing
- Angelina Bieber.....Nursing
- Jenifer Brendel.....EVS
- Jonathan Cruz.....Dietary
- Melissa Castaneda-Gonzalez....Nursing
- Sonithe Jean.....Nursing
- Barbara Kurtz.....Receptionist
- Kelly Leisey.....Nursing
- Kyra Mason.....Nursing



Happy Retirement



Janice Greer retired after 31 years working at Berks Heim. Janice is looking forward to spending time with her family and traveling.

HAPPY WORK ANNIVERSARY

10 YEARS

- Jodi Snyder.....Nursing
- Amber Williams.....Nursing

20 YEARS

- Monica Covington...Nursing
- Lisa Schaeffer....Nursing

25 YEARS

- Jennifer Hernandez....Dietary

35 YEARS

- Heather Horst.....Clerical



“CAN YOU SPY”... WITH YOUR LITTLE EYE

A SUNFLOWER



COUNT HOW MANY YOU CAN SPY (ANSWER PAGE 12)

AUGUST FOOD TRUCK SCHEDULE

- 8/1 Pip & Lily’s
- 8/8 Buns on the Go

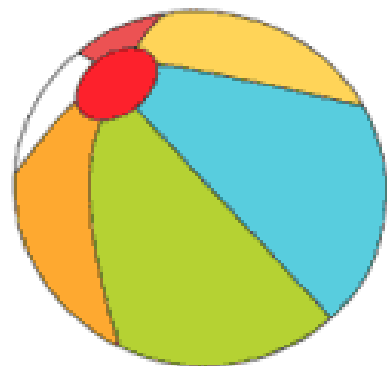


PUZZLE PAGE

August WORD SEARCH



W P I C N I C J C A M P I N G
 J G B C E O D P P J L R H H N
 T D J W I W A O C E A N J H M
 P C L H Y K F O M I Z T J D G
 N W L K H O T L W F Y V L S F
 H C G X N V P I O X B C V H A
 R Y D C P A E T W I W L B B U
 X V R R Y C R R I O A C H E S
 N K N A G A H T X G F K F A C
 F F B E P T D Z M H F R A C Z
 S U N S H I N E R E L A X H S
 P E A C H O S U M M E R F V M
 U P D Q J N Y R K A Q I F J J
 I M I B J G O A U G U S T D F
 B I W I Q S W F J W B U X K M



August
Beach
Camping
Hot
Lazy
Ocean
Peach

Picnic
Pool
Relax
Summer
Sunshine
Vacation
Waffle



Chaplain's Good News for August

By Chaplain Kerry Hicks

Priestly Blessing

Greetings in the Name of the Lord,

Many of you have heard me pronounce the **Priestly Blessing** at the end of our services here at Berks Heim. In this August edition of Heim Family & Friends I will share how it pertains and what it means to you and I as a congregation.

Numbers 6:22-26. In the days of the First and Second Temples this could only be given by a priest because **Verse 23** tells Moses to instruct Aaron and his sons to say this. With no temple in Jerusalem, it is to be spoken by someone of authority in the congregation. This person is to stand facing the congregation with arms raised. That is easy. It is then to be spoken in Hebrew – not easy for some. Whoever says this is to have knowledge, understanding, and readiness for sacrifice and prayerfulness. There must be commitment on the part of the one who gives this blessing. Notice that literally the positive “will” is used instead of the “may” or just “The LORD bless.”

Verse 24 contains just three Hebrew words. The translation is:

The LORD will bless you

This is two Hebrew words. The second word is “the LORD” and the first is “He will bless you” and speaks of material blessing, for life, health, and prosperity per **Deuteronomy 28:1-14**. The “you” is singular referring both to the individual believer and the congregation as a single, unified body.

And He will keep you

This is the third Hebrew word in the verse and means to guard your material blessings, to protect your life and health, to protect you against all evil, sickness, poverty, and calamity. Again the “you” is singular.

Verse 25 contains five Hebrew words. The translation is:

The LORD will make His face to shine upon you

“To shine upon you” is the first Hebrew word and this word for shine is also the word for light. It is a symbol of happiness, purity, friendship. God’s face shining upon you symbolizes the outpouring of Divine love and salvation, **Psalms 80:20** saying *Restore us, O LORD God of Hosts! Cause your face to shine upon us, so we will be saved!* This represents the gift of knowledge and moral insight as well as friendship with God. In **Verse 25** “you” is also singular.

And He will be gracious to you

He will give you grace in the eyes of your fellow men. He will make you lovable and beloved in the eyes of others – believers. You will be respected by the world, applying both to the individual and to Israel as a nation. *The LORD will establish you as a holy people to Himself, as He has sworn to you, if you will keep the commandments of the LORD your God and walk in His ways. And all people of the earth will see that you are called by the name of the LORD, and they will stand in awe of you.* (**Deuteronomy 28:9,10**)

Verse 26 contains seven Hebrew words. The translation is:

The LORD will lift His countenance to you

This is four Hebrew words saying He will turn His attention to you. Again “you” is singular. For Him to turn His attention to you, lifting His head to search you out to cast His loving care upon you.

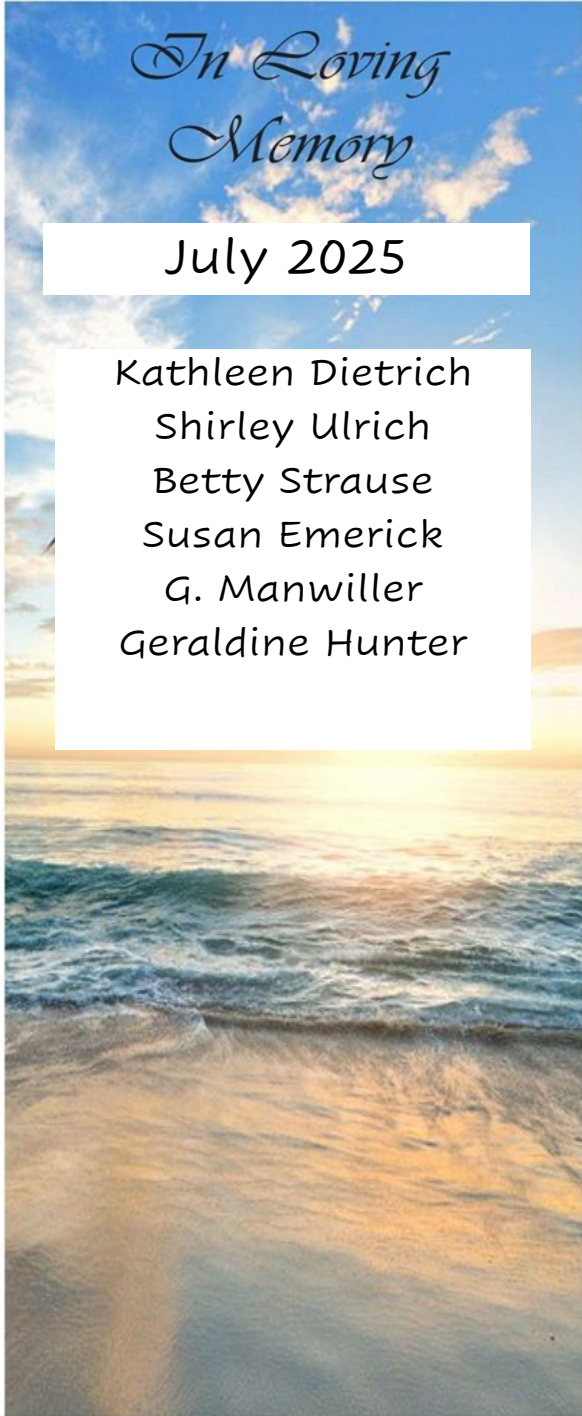
And He will establish your Shalom

This is three Hebrew words, and the word usually translated give (give you peace) means much more than that. It means to set, to establish you in Shalom. The LORD does not just give it and leave it at that, but He sees to it that you are firmly established in Shalom! Shalom, the word normally translated peace, means health, welfare, security, justice, and tranquility, also freedom from all disaster. A Hebrew scholar gave the best English translation of Shalom: “No good thing is withheld. “Y’shua (Jesus) gave us this in **John 14:27**, saying *“Shalom aleikhem.”*

Shalom,

Chaplain Kerry

Source: Rev. William J. Morford ONMB



Things That Make You Go Hmmm....

By Andrea Riegel

More than half of the world's felines don't respond to catnip.

Unlike humans, who have 2 sets of teeth, sharks continuously grow teeth and can have upwards of 50,000 over their lifetime.

Delta Air Lines is named for the Mississippi Delta, the area it originally serviced in 1928.

Alexander-Gustave designed the Eiffel Tower. Ten years prior, he supervised the inside construction of the Statue of Liberty.

Biologists estimate that tigers have successful hunts only 5-10% of the time.

Besides humans, only mammal known to have sense of rhythm is the Indri Lemur of Madagascar.

Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There are 9 Sunflowers

