

Family & Friends

Resident & Employee Newsletter

August 2024



BEHIND THE SCENES

FAMILY DAY

On July 20, after five long years, family day was held once again. The residents and their families enjoyed hamburger, hot dogs, salads, desserts, and much more. It was a fun day and everyone had a great time. We look forward to next years event.

WELCOME TO FAMILY DAY



ALWAYS VOLUNTEERING....

At the end of June, Berks Heim was presented with two rolling garden carts complete with plants for the residents to enjoy and help take care of. These carts were constructed by Oliver Messner (along with help from his Boy Scout Troop) who is going for his Eagle Scout Badge. When OIiver was a small boy he would come to Berks Heim to read to our residents. When it came time for him to do a project for his Eagle Scout Badge he decided he once again wanted to do something for the residents at Berks Heim. He did an outstanding job and we are very grateful for all his hard work. The carts will be rotated among the floors, beginning on A1 and B1, please stop by and enjoy.





Traveling Nail Salon

Please welcome Sharon and Kim to our group of volunteers.











They will be visiting the units once or twice a month to pamper our residents with nail painting and conversation.





DOVE DANCERS



These talented dancers have been performing at Berks Heim for many years. They were founded in 1995 and "dance to give praise to God." The dancers range from grades K-12 with some adults and are out of St. Ignatius Loyola Church. Residents participate with the group by using provided tambourines to join in the fun.

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Just outside Essick Commons, Kay Bader and Cheryl Padinske have created a Garden of Eden for everyone to enjoy. Starting with a thought of "we need windchimes" to adding plants, flowers, hummingbird feeders, and herb gardens, this is truly an oasis. Everything from planting to weeding and mulching along with decorating for the seasons, is all done by Kay and Cheryl in their free time. Please take the time to come and visit this little paradise.





Did you 🕌

know?



Mark your calendar:

HEIM FEST



It is almost that time again for Berks Heim Volunteer Service Board's annual Heim Fest. family and friends are invited to join us in the festivities on Saturday, September 14th from 11:00am to 4:00pm.

The Flea Market and Bake Sale will be held again at Heim Fest. If you wish to donate items for the flea market and bake sale please contact the Clerical office. Flea market donations will be accepted beginning Tuesday, September 3rd. (Please note: no clothing items will be accepted for the flea market.)

Beginning in August we will be offering raffle tickets for purchase in the Clerical office at Berks Heim at a cost of \$1.00 each or 6 tickets for \$5.00. The grand prize is a hand stitched queen size quilt (pictured to the right), and other great prizes. You do not have to be present to win.

There will also be an assortment of good food, games and live entertainment to enjoy. More information will be posted closer to the event. All proceeds from Heim Fest go to benefit our residents.



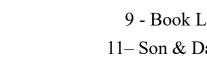




This new column is being added this month from the inspiration of one of our residents. Each month we will feature different fun facts/trivia that relates to you—our residents.







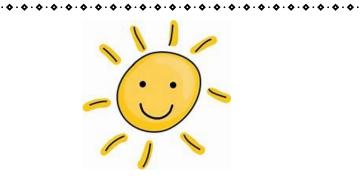


JUST ABOUT US



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Legend:</u> A - Auditorium C - Chapel * Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist				1 10:30 Rosary (C) 2:30-Resident Council (C)	2 10:30-Fun Fitnesscize* (A) 2:30-Ice Cream Sandwich Day (A/C) 7:00-Guess the Tune (A)	3 10:30-Month in Review (A) 2:30-Watermelon Day (A/C)
4 2:30 - Protestant Service (A/C)	5 10:30-Exercise (A) 2:30-Master Minds* (A)	6 10:15Devotions (C) 6:30-Movie (A/C)	7 2:30-Card Club* (A)	8 10:00-Gentlemen's Club* (A) 10:30-Rosary (C) 2:30 Djembe Drums* (A)	9 10:30-Fun Fitnesscize* (A) 2:30 –Book Club*(A)	10 2:30-Smores Day (A/C)
11 2:30 - Protestant Service (A/C)	12 10:30-Exercise (A) 7:00-Jeopardy (A)	13 10:15 - Devotions (C) 2:30-Game Lounge* (A)	14 7:00-Junk Drawer Detective (A)	15 10:30 Rosary (C) 2:30-Crafting with Janelle (A)	16 7:00 - Salvation Army (C)	17 10:30-Tasters Choice*(A)
18 2:30 - Protestant Service (C)	19 10:30–Exercise (A) 2:30-Science Club* (C)	 20 10:15 - Devotions (C) 2:30-Dice Club *(A) 6:45-Dove Dancers (C) 		22 10:30-Lava Java*(A) 10:30-Rosary (C) 2:30-Red Hat*(A) 7:00-20 Questions (A)	23 2:30 – Book Club*(A) 2:30-Veteran's Program (C)	24 2:30-Cranium Fun*(A)
25 2:30 - Protestant Service (C)	26	27 10:15 - Devotions (C)	28 2:30-Craft Club* (A) 7:00-Classic. Commercials (A)	29 10:30-Rosary (C)	30 10:30-You be the Judge*(A) 7:00-Survey Says (A)	31 10:30-Whoga Yoga*(A)

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE



Welcome New Admissions

A-1 Carsonia Court

Steven Barnett Charles Potts A-2 Pretzel City

LuAnn Deininger David Froelich **B-1 Market Square**

Patricia Dubeck

B-2 Reading Station

Milicent Treat

The total number of New Admissions for July was 15

Happy August Birthdays

August Birthstone: Peridot



Mary Ann Latze	August 1
Kathryn Houck	August 2
John Hracho	August 2
Shirley Weitzel	August 3
Betty Reichel	August 5
Helen Manwiller	August 10
Carolyn Rohrbach	.August 10
Janet Youndt	August 11
David Froelich	August 14
Marilyn Styer	August 15
Bonnie Kintzer	August 15
Kathleen Eshelman	August 16

August Flower : Gladiolus



Ruth Baer	August 17
Dwayne Boyle	August 17
Ella Epps	August 18
Sonia Folk	August 19
Patricia Treaster	August 19
Sharon Oxenreider	August 19
Ella Hess	August 20
Barbara Brooks	August 22
Clarence Spangler	August 24
Robert Brubaker	August 24
Joanne Hughes	August 27
William Duff	August 27
Emily Jean	August 28

Famous August Birthdays

Neil Armstrong Lucille Ball Wilt Chamberlain Robert DeNiro

August 5, 1930 August 6, 1911 August 21, 1936 August 17, 1943

Louis Armstrong Alfred Hitchcock Tony Bennett Robert Redford

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August 4, 1901 August 13, 1899 August 3, 1926 August 18, 1936

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Chaplain's Good News for August!

0 · Ignored Commandments - Part II

Paul includes circumcision with commands that are no longer to be adhered to. *Romans* 2:28 - 29 For the Jewish person is not the one to be plainly recognized by what he wears, his prayer shawl, and neither is circumcision just openly in the flesh, but one is Jewish inwardly, and circumcised in his heart in spirit, not letter, whose praise is not from people but from God. He wrote in Galatians 5:2 - 3, referring to heathen converts, Behold, I, Paul, say to you that if you would be circumcised, Messiah will profit you nothing. And I am testifying again to every circumcised man that he is obligated to do *the whole tradition.* Paul did not come up with this on his own, but knew his scriptures: Deuteronomy 10:16, Circumcise yourselves to the LORD and take away the foreskins of your heart, you men of Judah and inhabitants of Jerusalem. Jeremiah 9:24 – 25, Behold, the days are coming, says the LORD, that I shall punish all those who are circumcised along with the uncircumcised, Egypt and Judah and Edom and the children of Ammon and Moab and all who are in the utmost corners, who dwell in the wilderness, for all these heathens are uncircumcised and the entire house of Israel is uncircumcised in the heart.

In regard to all the commandments, we are to give our hearts to the LORD, to walk in repentance, and speak through our actions, by the way we live, to give evidence that we have an ongoing relationship with the God of Abraham, Isaac, and Jacob. , We are not to look at others, but each person is to go in an attitude of prayer to do his best to follow the spirit of the commandments.

Source: Rev. William J. Morford ONMB

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Shalom,

Chaplain Kerry



Come join us Friday, August 9th at 2:30 in the Auditorium for National Book Lover's Day and the first meeting of our newly revised book club. We need you to join our reading circle. These meetings will be held every other Friday. We welcome your suggestions for reading material. Light refreshments will be served. We look forward to seeing you there!



AUGUST Word Search Puzzle

IZZSSHGTRTGEYO BUHMDANEIWRQ WORRAZYE E 0 RDW DIW P NE TIIKEJI IGXANNNZCGN OPNMOMFMEGUAG NNLISLMMORL QECJ HTFIAIIAF ICECF MIADTNSPL TGCSXSC PQCOFMUIEIBSTFE ORXMIIHAKUNPSL SUKA BYTNCESZYWOUOARN OGMKY NIRMH G N G W A J O J A A K I A S T P V Z B E S P T Z X V L S R W F P E X

Find these words related to the month of August

BOAT	KAYAK	SUN	WARM
GARDEN	BARBECUE	SHADE	LAKE
CAMPFIRE	OCEAN	VACATION	TOWEL
BIKING	CANOE	SWIMSUIT	POOL
FLOATIE	PICNIC	SWIMMING	PARK
FISHING	BEACH	POPSICLES	CAMPING
RIVER	ICE (as in ice cream)	READING	SUNSET
AUGUST			

The words may be hidden vertically, horizontally or diagonally.

By Chaplain Kerry Hicks



July 2024 Joanne Hughes Leroy Schaeffer John Kauffman Mary Seaman Ruth Baer Jean Wetzel Grace Schlenker Geraldine Babb Regina Conforo Leroy Zerbe





How Many Did You Spy?

I Spy Answer :

There are: 11 watermelon slices



Things That Make You Go Hmm... By Andrea Riegel

In a *Peanuts* comic strip from 1972, Peppermint Patty revealed that her real name is Patricia Reichardt.

Crocodiles can gallop and can reach a speed up to eleven miles per hour.

J and Q are the only letters you won't find on the permanent periodic table of elements.

Human babies cannot taste salt until they are around four months old.

It would take 109 Earths, lined up end-to-end, to stretch across the face of the sun.

The city of Detroit is actually north of the Canadian border.

The tiny plastic table that protects your pizza is called a *pizza saver*.

Apollo 17 astronaut Harrison Schmitt was allergic to moon dust.

In 2012, scientists discovered a new species of ants living in NYC's Upper West Side. They were named "ManhattAnt".



Berks Heim Family & Friends				
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