



Family & Friends

Resident & Employee Newsletter

August 2024





FAMILY DAY

On July 20, after five long years, family day was held once again. The residents and their families enjoyed hamburger, hot dogs, salads, desserts, and much more. It was a fun day and everyone had a great time. We look forward to next years event.



BEHIND THE SCENES

ALWAYS VOLUNTEERING....

At the end of June, Berks Heim was presented with two rolling garden carts complete with plants for the residents to enjoy and help take care of. These carts were constructed by Oliver Messner (along with help from his Boy Scout Troop) who is going for his Eagle Scout Badge. When Oliver was a small boy he would come to Berks Heim to read to our residents. When it came time for him to do a project for his Eagle Scout Badge he decided he once again wanted to do something for the residents at Berks Heim. He did an outstanding job and we are very grateful for all his hard work. The carts will be rotated among the floors, beginning on A1 and B1, please stop by and enjoy.



Traveling Nail Salon

Please welcome Sharon and Kim to our group of volunteers.




They will be visiting the units once or twice a month to pamper our residents with nail painting and conversation.

DOVE DANCERS



These talented dancers have been performing at Berks Heim for many years. They were founded in 1995 and "dance to give praise to God." The dancers range from grades K-12 with some adults and are out of St. Ignatius Loyola Church. Residents participate with the group by using provided tambourines to join in the fun.

Did you know? 



Just outside Essick Commons, Kay Bader and Cheryl Padinske have created a Garden of Eden for everyone to enjoy. Starting with a thought of “we need windchimes” to adding plants, flowers, hummingbird feeders, and herb gardens, this is truly an oasis. Everything from planting to weeding and mulching along with decorating for the seasons, is all done by Kay and Cheryl in their free time. Please take the time to come and visit this little paradise.



 **Mark your calendar: HEIM FEST** 

It is almost that time again for Berks Heim Volunteer Service Board’s annual Heim Fest. family and friends are invited to join us in the festivities on Saturday, September 14th from 11:00am to 4:00pm.

The Flea Market and Bake Sale will be held again at Heim Fest. If you wish to donate items for the flea market and bake sale please contact the Clerical office. Flea market donations will be accepted beginning Tuesday, September 3rd. (Please note: no clothing items will be accepted for the flea market.)

Beginning in August we will be offering raffle tickets for purchase in the Clerical office at Berks Heim at a cost of \$1.00 each or 6 tickets for \$5.00. The grand prize is a hand stitched queen size quilt (pictured to the right), and other great prizes. You do not have to be present to win.

There will also be an assortment of good food, games and live entertainment to enjoy. More information will be posted closer to the event. All proceeds from Heim Fest go to benefit our residents.



JUST ABOUT US

This new column is being added this month from the inspiration of one of our residents. Each month we will feature different fun facts/trivia that relates to you—our residents.



Sings Opera
Played Piano
Sang in a Choir




NY Giants Fan



Visited all the covered bridges in PA (over 200)

“Loves Hershey Kisses”





 Clerical worker for Berks County

Collects Lighthouses



Observance Days In August

- 1 - National Mountain Climbing Day
- 3 - National Watermelon Day
- 4 - National Chocolate Chip Day
- 6 - National Root Beer Float Day
- 7 - National Lighthouse Day 
- 9 - Book Lover’s Day
- 11– Son & Daughter Day
- 13 - National Left Handers Day
- 16 - Tell A Joke Day
- 20 - National Lemonade Day 
- 21 - National Senior Citizens Day
- 24 - National Waffle Day
- 25 - National Banana Split Day
- 30 - National Beach Day



COMING IN AUGUST:

- 8/2 The Nacho Depot
- 8/9 Brewster’s BBQ
- 8/16 Pip and Lilly’s Tater Tots
- 8/23 Wich Way Sandwiches

The above vendors and dates are subject to change





August



Sun

Mon



Tue

Wed

Thu

Fri

Sat

<p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p>				<p>1 10:30 Rosary (C) 2:30-Resident Council (C)</p>	<p>2 10:30-Fun Fitnessize* (A) 2:30-Ice Cream Sandwich Day (A/C) 7:00-Guess the Tune (A)</p>	<p>3 10:30-Month in Review (A) 2:30-Watermelon Day (A/C)</p>
<p>4 2:30 - Protestant Service (A/C)</p>	<p>5 10:30-Exercise (A) 2:30-Master Minds* (A)</p>	<p>6 10:15 -.Devotions (C) 6:30-Movie (A/C)</p>	<p>7 2:30-Card Club* (A)</p>	<p>8 10:00-Gentlemen's Club* (A) 10:30-Rosary (C) 2:30 Djembe Drums* (A)</p>	<p>9 10:30-Fun Fitnessize* (A) 2:30 -Book Club*(A)</p>	<p>10 2:30-Smores Day (A/C)</p>
<p>11 2:30 - Protestant Service (A/C)</p>	<p>12 10:30-Exercise (A) 7:00-Jeopardy (A)</p>	<p>13 10:15 - Devotions (C) 2:30-Game Lounge* (A)</p>	<p>14 7:00-Junk Drawer Detective (A)</p>	<p>15 10:30 Rosary (C) 2:30-Crafting with Janelle (A)</p>	<p>16 7:00 - Salvation Army (C)</p>	<p>17 10:30-Tasters Choice*(A)</p>
<p>18 2:30 - Protestant Service (C)</p>	<p>19 10:30-Exercise (A) 2:30-Science Club* (C)</p>	<p>20 10:15 - Devotions (C) 2:30-Dice Club *(A) 6:45-Dove Dancers (C)</p>	<p>21 2:30-BINGO (A/C)</p>	<p>22 10:30-Lava Java*(A) 10:30-Rosary (C) 2:30-Red Hat*(A) 7:00-20 Questions (A)</p>	<p>23 2:30 -Book Club*(A) 2:30-Veteran's Program (C)</p>	<p>24 2:30-Cranium Fun*(A)</p>
<p>25 2:30 - Protestant Service (C)</p>		<p>27 10:15 - Devotions (C)</p>	<p>28 2:30-Craft Club* (A) 7:00-Classic. Commercials (A)</p>	<p>29 10:30-Rosary (C)</p>	<p>30 10:30-You be the Judge*(A) 7:00-Survey Says (A)</p>	<p>31 10:30-Whoga Yoga*(A)</p>

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-1 Carsonia Court

Steven Barnett
Charles Potts

A-2 Pretzel City

LuAnn Deininger
David Froelich

B-1 Market Square

Patricia Dubeck

B-2 Reading Station

Milicent Treat

The total number of New Admissions for July was 15

Happy August Birthdays

August Birthstone: Peridot



August Flower : Gladiolus



Mary Ann Latze.....August 1
Kathryn Houck.....August 2
John Hracho.....August 2
Shirley Weitzel.....August 3
Betty Reichel.....August 5
Helen Manwiller.....August 10
Carolyn Rohrbach..... August 10
Janet Youndt.....August 11
David Froelich.....August 14
Marilyn Styer.....August 15
Bonnie Kintzer.....August 15
Kathleen Eshelman.....August 16

Ruth Baer.....August 17
Dwayne Boyle.....August 17
Ella Epps.....August 18
Sonia Folk.....August 19
Patricia Treaster.....August 19
Sharon Oxenreider.....August 19
Ella Hess.....August 20
Barbara Brooks.....August 22
Clarence SpanglerAugust 24
Robert Brubaker.....August 24
Joanne Hughes.....August 27
William Duff.....August 27
Emily Jean.....August 28

Famous August Birthdays

Neil Armstrong	August 5, 1930	Louis Armstrong	August 4, 1901
Lucille Ball	August 6, 1911	Alfred Hitchcock	August 13, 1899
Wilt Chamberlain	August 21, 1936	Tony Bennett	August 3, 1926
Robert DeNiro	August 17, 1943	Robert Redford	August 18, 1936

PUZZLE PAGE



AUGUST Word Search Puzzle



I Z Z S S H G T R T G E Y O G B P P
 A Y B U H M D A N E I W R Q V A B B
 C Y C O I A W O R R A Z Y E J R E I
 Z T P Q A S D Z R D W D I W T B Y K
 E X O S P T W E P N E T I I K E J I
 B S P W S O E I G X A N N N Z C G N
 R O U S E O P N M O M F M E G U A G
 D V S N N L I S L M M O R L Q E C J
 C G B A S H T F I A I I A F Y I B S
 F A C E S E I C E C F N Z N N A K O
 H M M I A D T N S P L T G C S X S C
 X P F P Q C O F M U I E I B S T F E
 O R X M I I H A K U N P S L S U K A
 E Z B Y T N C E S Z Y W O U O A R N
 W B R A K O G M K Y B O G E Y E M I
 E S C K L N I R M H P U K A V R U W
 C A G N G W A J O J A A K I A S T P
 V Z B E S P T Z X V L S R W F P E X



Find these words related to the month of August

BOAT
 GARDEN
 CAMPFIRE
 BIKING
 FLOATIE
 FISHING
 RIVER
 AUGUST

KAYAK
 BARBECUE
 OCEAN
 CANOE
 PICNIC
 BEACH
 ICE (as in ice cream)



SUN
 SHADE
 VACATION
 SWIMSUIT
 SWIMMING
 POPSICLES
 READING

WARM
 LAKE
 TOWEL
 POOL
 PARK
 CAMPING
 SUNSET



The words may be hidden vertically, horizontally or diagonally.

Chaplain's Good News for August!

By Chaplain Kerry Hicks

Ignored Commandments - Part II

Paul includes circumcision with commands that are no longer to be adhered to. *Romans 2:28 - 29 For the Jewish person is not the one to be plainly recognized by what he wears, his prayer shawl, and neither is circumcision just openly in the flesh, but one is Jewish inwardly, and circumcised in his heart in spirit, not letter, whose praise is not from people but from God.* He wrote in *Galatians 5:2 - 3*, referring to heathen converts, *Behold, I, Paul, say to you that if you would be circumcised, Messiah will profit you nothing. And I am testifying again to every circumcised man that he is obligated to do the whole tradition.* Paul did not come up with this on his own, but knew his scriptures: *Deuteronomy 10:16, Circumcise yourselves to the LORD and take away the foreskins of your heart, you men of Judah and inhabitants of Jerusalem. Jeremiah 9:24 - 25, Behold, the days are coming, says the LORD, that I shall punish all those who are circumcised along with the uncircumcised, Egypt and Judah and Edom and the children of Ammon and Moab and all who are in the utmost corners, who dwell in the wilderness, for all these heathens are uncircumcised and the entire house of Israel is uncircumcised in the heart.*

In regard to all the commandments, we are to give our hearts to the LORD, to walk in repentance, and speak through our actions, by the way we live, to give evidence that we have an ongoing relationship with the God of Abraham, Isaac, and Jacob. , *We are not to look at others, but each person is to go in an attitude of prayer to do his best to follow the spirit of the commandments.*

Source: Rev. William J. Morford ONMB

Shalom,

Chaplain Kerry



Come join us Friday, August 9th at 2:30 in the Auditorium for National Book Lover's Day and the first meeting of our newly revised book club. We need you to join our reading circle. These meetings will be held every other Friday. We welcome your suggestions for reading material. Light refreshments will be served. We look forward to seeing you there!



*In Loving
Memory*

July 2024
 Joanne Hughes
 Leroy Schaeffer
 John Kauffman
 Mary Seaman
 Ruth Baer
 Jean Wetzel
 Grace Schlenker
 Geraldine Babb
 Regina Conforo
 Leroy Zerbe

Things That Make You Go Hmm...

By Andrea Riegel

In a *Peanuts* comic strip from 1972, Peppermint Patty revealed that her real name is Patricia Reichardt.

Crocodiles can gallop and can reach a speed up to eleven miles per hour.

J and Q are the only letters you won't find on the permanent periodic table of elements.

Human babies cannot taste salt until they are around four months old.

It would take 109 Earths, lined up end-to-end, to stretch across the face of the sun.

The city of Detroit is actually north of the Canadian border.

The tiny plastic table that protects your pizza is called a *pizza saver*.

Apollo 17 astronaut Harrison Schmitt was allergic to moon dust.

In 2012, scientists discovered a new species of ants living in NYC's Upper West Side. They were named "ManhattAnt".



Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There are: 11 watermelon slices

