

FREE SUICIDE PREVENTION EVENT

Kevin Hines

My Journey of Recovery and How to Maintain Mental Wellness Living a Fulfilling Life



Kevin Hines is one of only 36 people to survive the fall from the Golden Gate Bridge.



Now he is a storyteller, best-selling author, global public speaker, and award-winning documentary filmmaker. He attempted to take his life by jumping off the Golden Gate Bridge in 2000. Many factors contributed to his miraculous survival, including a sea lion that kept him afloat until the Coast Guard arrived. Kevin travels the world to share his story of hope, healing, and recovery while teaching people of all ages the art of wellness and the ability to survive pain with true resilience.

Kevin will begin his presentation at 6 p.m. followed by a reception from 7-8 p.m. Free copies of Kevin's book, *The Art of Being Broken*, are available for everyone, and he will sign copies at the reception.

Attendees need to register and bring printed tickets to the event.



**SCAN QR CODE
TO REGISTER**

DATE:

Tuesday, September 10th

TIME:

6-7 pm - Presentation

7-8 pm - Reception and book signing

LOCATION:

Miller Center for the Arts

Reading Area Community College

4 North Second Street, Reading, PA

THIS SPECIAL FREE EVENT IS SPONSORED BY:

- Berks County Mental Health/Developmental Disabilities Program
- Berks County Suicide Prevention Task Force
- Berks County Intermediate Unit
- Haven Behavioral Healthcare of Eastern Pennsylvania
- National Alliance on Mental Illness (NAMI) – Berks County Chapter
- Threshold Rehabilitation Services, Inc.

And made possible by additional generous contributions from local organizations and businesses supporting the community.