



OPTIONS

OPTIONS provides services covering a wide range of needs allowing individuals to remain in their communities and homes. Services are specific to individual needs and preference, and they support the consumer's health and safety.

Who is Eligible for the Program?	Services May Include:
<ul style="list-style-type: none"> • Seniors who are 60 or over • Need assistance • Live in the community • Meet household income criteria • Are not receiving or eligible to Medicaid Home and Community Bases Services • Live in Berks County 	<ul style="list-style-type: none"> • Case management • Personal care assistance • Homemaking, housekeeping, laundry • Adult day care • Caregiver respite • Personal emergency response (PERS) pendant • Home delivered meals • Home modifications • ...and ability to remain in their own home

Caregiver Support Program

The Caregiver Support Program is designed to provide assistance to primary caregivers of older adults. This program focuses on relieving some of the stresses of care giving and supporting the care being provided to older persons at home. The program is meant to support the primary caregiver and family in ways that are specific to their individual needs and preference.

Who is Eligible for the Program?	Services May Include:
<ul style="list-style-type: none"> • The Care Receiver must be 60 years of age or older (persons under 60 with dementia may also be eligible) • The Care Receiver is dependent on the caregiver and requires daily care or supervision. • The Caregiver provides the majority of the daily hands-on care • The Caregiver is an adult primary caregiver and is not paid for providing care. 	<ul style="list-style-type: none"> • Benefits counseling • Caregiver education, counseling, & support • Information on & assistance obtaining community resources • Reimbursement for the Caregiver's purchase of approved care giving supplies, personal care and respite service, adult day care, home management services, equipment, and home modifications

Grandparent Program

"Grandparents" in this program may be any older adult relative raising children. Raising children can be a wonderful and enriching experience, but one that can also bring challenges, questions, concerns, and the need for support. This program focuses on relieving some of the stresses of caring for children through limited federal funding.

Who is Eligible for the Program?	Services May Include:
<ul style="list-style-type: none"> • Grandparent is 55 years old or older and child is 18 years old or younger • Grandparent is a relative of the child and is the child's primary caregiver • Grandparent & child live in the same home • Meets household income criteria 	<ul style="list-style-type: none"> • Benefits counseling • Assistance in finding resources • Reimbursement for approved goods, school supplies, activity fees, services, childcare, equipment, and home modification • Caregiver education, counseling, and support • Information on community resources

For more information please contact:

Berks County Area Agency on Aging – 610-478-6500