



Family & Friends

Resident & Employee Newsletter

September 2024



NATIONAL EMPLOYEES WEEK

NATIONAL ENVIRONMENTAL SERVICES WEEK - September 8-14

September is filled with several employee recognition weeks. We appreciate the great employees we have here at Berks Heim. Enjoy reading about the following departments and looking at their pictures. Below is our team of EVS employees (half of the department pictured) with Director Steve Valk and Operation Managers, Neil Wright and Jason Burk. Thank you for your hard work, we hear a lot of compliments about how nice the place always looks.



NATIONAL REHABILITATION AWARENESS WEEK - September 16-22

Director of Rehabilitation, Kelly Hart and Office Assistant, Stacy Eckert are pictured to the right along with their great team of therapists. Offering a range of physical, occupational, and speech therapy they work diligently to provide residents with the services they need. Thank you for all you do!



NATIONAL EMPLOYEES WEEK

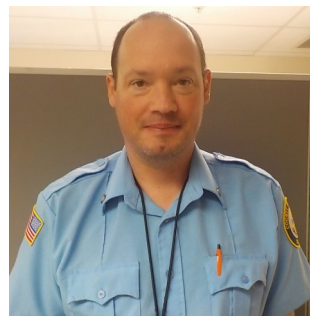
NATIONAL BEAUTY SHOP WEEK - September 8-14



A big thank you to our girls in the Beauty Shop—Danielle and Sheila for all they do to make our residents look beautiful. Danielle has been working in the Beauty Shop for the past 10 years and Sheila has been working there the last five. Besides working in the beauty shop Sheila also goes to the units to give the men a shave and trim. Thank you ladies for all your hard work.

NATIONAL SECURITY OFFICERS WEEK - September 16-22

Pictured to the right is the Director of Safety & Security, Edward Miller, III. We want to recognize him and his security officers, Ed Miller, Jason Miller and Joel Saul. We appreciate your dedication to the residents and facility.



BEHIND THE SCENES

Meet our ladies from the Legion Of Mary, St. Ignatius Loyola Church, Ramona, Carol, Mary, and Angelina. Every Thursday morning the group conducts a rosary service in our Chapel. They also pay a visit to residents on the units who are unable to attend. We appreciate their dedication in providing this uplifting program to residents.



Heim Fest

Saturday, September 14

11:00 - 4:00

JOIN US FOR A FUN FILLED DAY WITH SOMETHING FOR EVERYONE

RAFFLE DRAWING

TICKETS ON SALE NOW THROUGH THE FESTIVAL DRAWING AT 3 PM—YOU DO NOT HAVE TO BE PRESENT TO WIN

1ST PRIZE—HANDMADE QUEEN SIZED QUILT \$1 EACH OR 6 FOR \$5

Free Musical Entertainment

from 11:30 - 4:00 FEATURING:

- SWING FEVER BAND
- PRETZEL CITY CHORUS
- DAYS OF OLD

Also:

BAKE SALE

GAMES/PRIIZES

FLEA MARKET

11-3:00

Delicious Food

- HOT DOGS
- HAMBURGERS
- TURKEY BAR-B-Q
- PIZZA
- ICE CREAM/STRAWBERRIES/SHORTCAKE
- FRENCH FRIES
- FUNNEL CAKE

JUST ABOUT US

Below are some questions regarding your fellow residents. Try your best to figure out the answers. If you want to check your answers, or get stumped - The answers will be posted on the door of the Clerical Office in the first floor hallway near A-1 and B-1.



1. How many female residents are named "Dorothy"?

2. How many residents have celebrated 100 birthdays?



3. How many men are named "William"?


4. How many residents were born in years ending in a 0 (such as 1920, 1930, etc?)



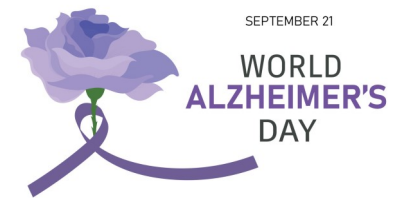
Talk to your friends in other units and have fun trying to find the answers.

Observance Days In September

- 5 - National Cheese Pizza Day
- 6 - National Read a Book Day
- 8 - Grandparents Day
- 9 - Teddy Bear Day
- 12 - Chocolate Milkshake Day
- 16 - Stepfamily Day
- 19 - Talk Like a Pirate Day
- 21 - World Alzheimer's Day
- 22 - National Ice Cream Cone Day
- 25 - National Daughter's Day
- 26 - National Pancake Day
- 29 - National Coffee Day

Did you know? 

World Alzheimer's Day is observed on September 21st. This global campaign raises awareness of the disease that affects so many worldwide.



If you have not had a chance to purchase a Forget Me Not flower sign you can still purchase them in our lobby for \$1. All proceeds benefit the Alzheimer's association and your flower will be hung on our lobby wall.





SEPTEMBER



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>1 2:30 - Protestant Service (C)</p>	<p>2 LABOR DAY 2:30-Holiday Fun (A/C)</p>	<p>3 10:15 -Devotions (C) 2:30-Card Club* (A)</p>	<p>4 </p>	<p>5 10:30-Rosary (C) 2:30-Resident Council (C) 7:00-Cheese Day (A)</p>	<p>6 2:30-Book Club*(C) 7:00-20 Questions (A)</p>	<p>7 10:30-A Month in Review (A)</p>
<p>8 2:30 - Protestant Service (C) 2:30-Grandparents Day (A)</p>	<p>9 10:30-Exercise (A)</p>	<p>10 10:15 -Devotions (C) 2:30 Game Lounge* (A)</p>	<p>11 2:30-BINGO (A/C) 7:00-September Discussion (A)</p>	<p>12 10:30 Rosary (C) 11:00-Gentlemen's Club Picnic*(A)</p>	<p>13 2:30-Cooking Club* (A) 7:00-Word Game (A)</p>	<p>14 HEIM FEST 11:00—4:00</p>
<p>15 2:30 - Protestant Service (C)</p>	<p>16 2:30-Science Club* (A) 7:00-Photographic Memory (A)</p>	<p>17 10:15 -Devotions (C) 6:45-Dove Dancers (C)</p>	<p>18 </p>	<p>19 10:30-Rosary (C) 10:30-Lava Java* (A) 2:30-Red Hat* (A)</p>	<p>20 10:30-You be the Judge*(A)</p>	<p>21 10:30-Whoga/ Yoga*(A)</p>
<p>22 2:30 - Protestant Service (C)</p>	<p>23 10:30-Exercise (A)</p>	<p>24 10:15 - Devotions (C) 2:30-Dice Club*(A) 7:00-Song Burst (A)</p>	<p>25 2:30-Craft Club* (A)</p>	<p>26 10:30-Rosary (C) 2:30-Male Gathering*(A)</p>	<p>27 10:30-FunFitnesscize* (A) 7:00-Salvation Army (C)</p>	<p>28 10:30-Tasters Choice* (A)</p>
<p>29 2:30 - Protestant Service (C) 2:30-Autumn Celebration (A)</p>	<p>30 10:30-Exercise (A) 7:00-Junk Drawer Detective (A)</p>					<p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p>

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-2 Pretzel City

Alice Epler
Anna Wieder

A-3 Penn's Pointe

Dorothy M. Leas
Marilyn Moyer
Heriberto Rivera

B-2 Reading Station

Betty Portner

Essick Commons

Kathy Hess

B-1 Market Square

Anne Miller

The total number of New Admissions for August is 15

Happy September Birthdays

September Birthstone: Sapphire



September Flower: Aster



Michael Tolbert.....September 3
Kathryn Ulsh.....September 4
Rose Yox.....September 6
Alice Drumheller.....September 6
Edward Wentzel.....September 10
Dennis Schlappich.....September 10
Crecensiana Rivera.....September 11
Dorthie Kaylor.....September 12
Betty Witwer.....September 13
Idilio Degiuli.....September 13
Sylvia McCurdy.....September 14

Shirley Walters.....September 15
William Rowlands.....September 15
Betty Crossley.....September 16
Barbara Schnable.....September 16
Anna Mae Gray.....September 17
Larry Albright.....September 20
Theresa KerchnerSeptember 21
Jude Engle.....September 23
Arlene Haas.....September 27
Barry Bowman.....September 28

Famous September Birthdays

1-Lily Tomlin
2-Mark Harmon
5-Bob Newhart
7-Queen Elizabeth I

9-Colonel Sanders
15-Agatha Christie
16-Lauren Bacall
20-Sophia Loren

23-Ray Charles
24-F. Scott Fitzgerald
30-Angie Dickinson



Madalyn Estrada.....Nursing
Jesse Gonzalez.....Laundry
Jennifer Hamilton....Nursing
Ryan Long....Dietary
Brenda Lutz.....Dietary
Melissa Miller.....Nursing
Synod Shearin.....Nursing
Dahazya Sims.....Nursing
Denise Smith....Nursing
Jacob Weidenhammer.....Dietary
Jaiana Welmaker.....Dietary

The recent class of graduates from the CNA class, congratulations to you all !



EMPLOYEE ANNIVERSARIES

5 YEARS

Kimberly Michaelkovich....Nursing

10 YEARS

Rosita Castro.....EVS

Rosa Rodriguez....EVS

15 YEARS

Elaine Butt.....Nursing

Andrea Riegel.....Business Office

Krystal Rodriguez....Dietary



**“CAN YOU SPY”.....
WITH YOUR LITTLE EYE**

THIS ACORN

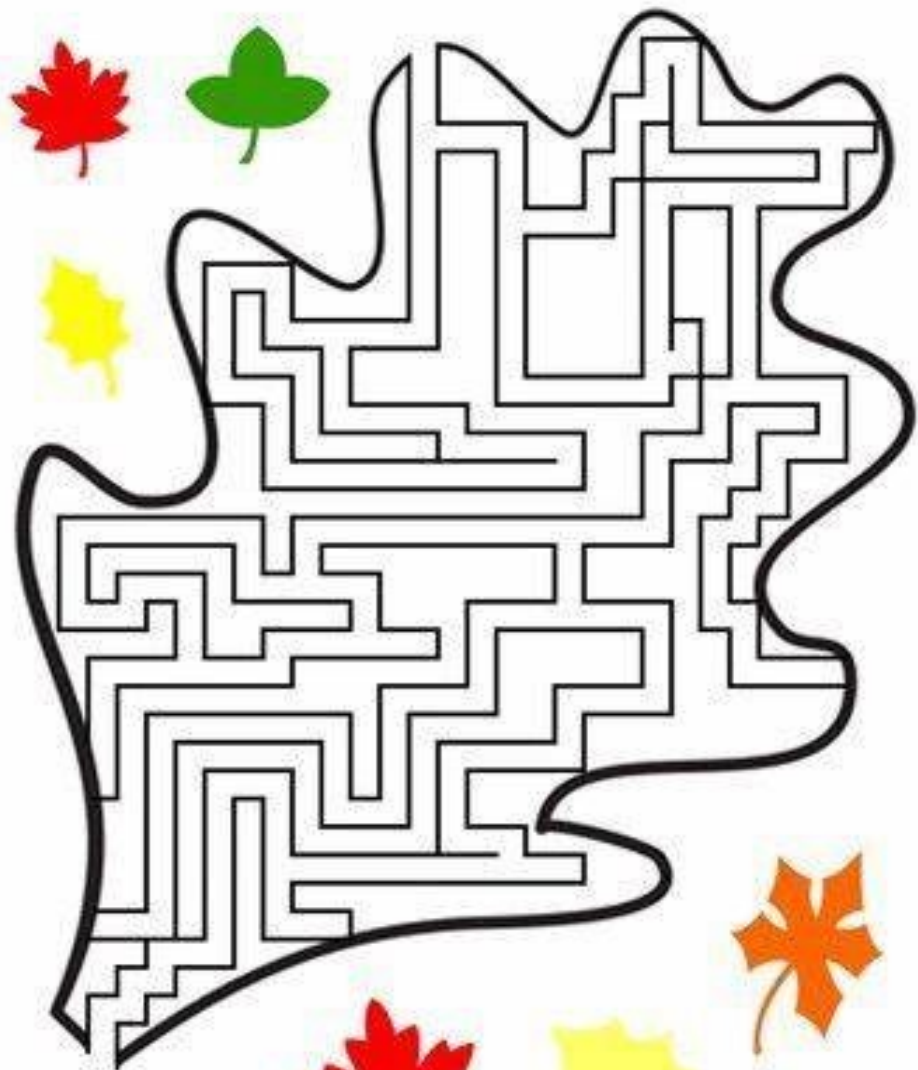


**COUNT HOW MANY YOU SPY ?
(ANSWER - PAGE 12)**

PUZZLE PAGE



Leaf Maze



Chaplain's Good News for September!

By Chaplain Kerry Hicks

Freedom In Christ

We have been studying the book of Galatians in our services here at Berks Heim for the last couple months. Most of us are aware there are things we say and do that do not reflect our Christian values. We tend to get caught up in living day to day by reacting to what is going on around us instead of being proactive. **Many of us are on the Merry-Go-Round of life, going so fast at times, and yet we are not able to grasp the brass ring that is so close, and yet so far away. Life in Christ is that brass ring.**

In the book of Galatians, we find there is “**Freedom in Christ**”. And yet, we seem to be caught up in what the world sees as right. By doing so, we tend to lose sight of the **freedom we have** to do the right thing. Much of what we do each day does not always reflect the light of Christ in our lives. As well, we find little rest in doing these things. We get exhausted and cannot find peace. **However**, God shows us a way we can know whether we truly are living the best life we can, or not. **Matthew 11:28 – 30 Come to Me all those who work and are burdened, and I shall give you rest. You must immediately take My yoke upon you, and you must now learn from Me, because I am gentle and humble in My heart, and you will find rest in your lives. (ONMB)**

Galatians Chapter 5 reveals to us whether we are truly living up to what we say we believe, or not. **Verses 19 - 21** regarding our flesh and it's desires we see the things that the Lord has shared how we can know if we are living according to the ways of this present world. These are how many of us have and do live each day to varying degrees. These things do not profit us in the long run, and yet the grace of God continues to flow. **Romans 5:20a But, legalism slipped in, so that transgression would increase; but where sin did abound, grace did super abound...** God gives grace when we are up to our necks in sin. He **doesn't** look the other way; He **gives** us time to come to ourselves as the prodigal son and helps us along the way. We must seek to learn how we are to respond to all that happens around and to us.

Continuing to **Galatians 5 verses 22 - 23** the Lord reveals to us His virtues and how we may know if we are living according to His desires. When we find ourselves in these verses, we realize that His Holy Spirit is at work in us, and we are yielding to His desires rather than our own.

There is a place that will bring us such peace; or as I like to say: the “Shalom” of God that we find gives us rest from the sometimes weary and hectic days of life here on this earth.

So, run the race in such a way that we may grab the proverbial brass ring according to the fruit of the Spirit!

God bless you all,

Chaplain Kerry



In Loving Memory

August 2024
 Peter DiNatale
 Barbara Brown
 Harvey Seifert
 Carmella Santoni
 Melva Lesniak
 Deborah Long
 F.G. Hunt
 Mae Merkel
 Michael Northam
 Charles Potts

Things That Make You Go Hmm...

By Andrea Riegel

To cook an egg on the sidewalk it needs to be at least 158°F.

On average, a cat’s tail contains 10% of all the bones in its body, with 19-23 vertebrae.

The perpetual patient in the game of Operation is a fellow named Cavity Sam.

An artifact recovered from the sinking Titanic was the bronze bell the lookout rang when he spotted the iceberg.

The largest hairball recorded was removed from a cow and weighed 55 pounds. It is on display at the Finney County Historical Museum in Garden City, KS

Are you exhausted? Tell people you are *comfoozled*, a slang word coined by Charles Dickens in *The Pickwick Papers*.

The original recipe for pound cake, introduced in 1700s, called for one pound of each flour, butter, sugar, and sometimes eggs, hence its name.

The “Reese” in Reese’s Peanut Butter cups is for Harry Burnett Reese- who created the candy in the 1920s.

Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There are: 9 Acorns

