



Family & Friends

Resident & Employee Newsletter February 2026





IN CASE YOU MISSED IT

National Activity Professionals' Week

The week of January 26-30 we celebrated Activity Therapist Week. Our great group of Activity therapists held special events throughout the week for our residents. A big thank you for their dedication and services they provide. They are an incredible team.



Chaplain's Good News For February

Memories

Wikipedia definition: **Memory** is the faculty of the mind by which data or information is encoded, stored, and retrieved when needed.

Memories are past experiences which are remembered in the present. There are varied ways in which a **memory** could be brought to the forefront of our minds via sights, sounds, aromas...the list goes on...

Memories can take us to an exact moment in our past and even sometimes just what has transpired like what is referred to as Deja-vu. They can be pleasant and take us to a place which can bring back feelings of joy, elation. And they can take us to a place of sorrow, sadness, and the lists go on...

I have a dear friend who is in the process of moving from this life into the next and so many **memories** flooded my mind with past events he and I shared over the years. Many happy, nostalgic thoughts race through my mind. Thankfully, most of them are happy. And even the few that come through as more somber pale in comparison.

The Lord has taught us; And we know that all things work together for good to them that love God, to them who are called according to His purpose. **Romans 8:28.**

It's okay to think of them and to even dwell on them at times. That we might be able to make sense of the things that we may have thought were not so good and yet if we examine them more closely, we can usually find a positive in there somewhere.

Sometimes we use them as an escape from the reality we may be facing in the present. When we do examine them, many times we are able to find answers to where and why we find ourselves in the present moment. So long as we don't dwell on them to escape our present realities, they can be a useful tool to help us move forward with an understanding we may not have had before. When this happens, our life can become more desirable in the present than living in the past.

Let's do our best to live in the present, with the past in mind but, not to let the past dictate our future to the point of despair. Remember, the best is yet to come if we have given our lives to the One who loves us with an everlasting love with no strings attached. **The Lord is my Shepherd I shall not want... Psalms 23.**

God bless you all,

Chaplain Kerry



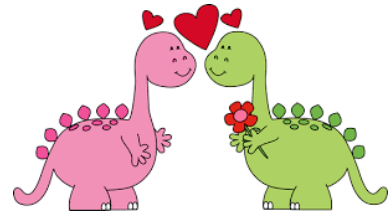
FEBRUARY- LOVE IS IN THE AIR



Clarence and Patricia Spangler met each other while working in the office at Birdsboro Corporation. They were married at Calvary Evangelical Church in 1972. They enjoyed fishing and attending church together. Helping each other, communication and knowing when to "bite your tongue" has helped them have a happy marriage for 54 years.



Pictured to the right is Dennis and Doris Slavin, they are married 30 years. They met while working at Thomas Ford Elementary School in Reading. Doris was working as a teachers assistant and Dennis was in the maintenance department. They loved vacationing, going on many cruises together. Avoiding arguments, and "thinking before you speak" is their good advice on having a happy marriage.





February

February
Fun

ALL MONTH LONG



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:30 Protestant Service (A/C)	2 10:00 Movie (A) 2:00 Traveling Nail Salon (A2/A1) 2:30 Western Whirlwinds*(A) 6:30 Junk Drawer Detective (A)	3 10:30 Catholic Mass (C) 2:00 Pet Therapy (A3/EC) 2:30 Game Lounge* (A)	4 2:30 Music By Give Us Minute (A/C)	5 2:30 Resident Council (C) Pet Therapy (A2/B2)	6 10:30 Music In Motion* (A) 2:30 Stories With Friends* (C) 6:30 Cannon Ball Drop (A)	7 10:30 A Month In Review (A)
8 2:30 Protestant Service (A/C) 2:30 Superbowl Sunday (A)	9 10:30 Exercise (A) 2:30 Master Minds* (A)	10 10:15 Devotions (C) 2:00 Pet Therapy (A1/B1) 2:30 Toad Creek Tom (A) 6:30 Let's Chat (A)	11 2:30 Nativity Church Bingo (A/C)	12 10:00 Gentlemen's Club* (A) 10:30 Rosary (C) 6:30 Crafts w/Girl Scout Troop (A)	13 10:30 Fun Fitnessize* (A) 2:00 Crazy For Movies* (A) 6:30 Salvation Army (C)	14 10:30 Taster's Choice* (A) 2:30 Red & White Fun (A)
15 2:30 Protestant Service (A/C)	16 10:30 Exercise (A) 2:00 Traveling Nail Salon (A3/B2) 2:30 President's Day (A/C)	17 10:00 Shrove Tuesday (A) 2:00 Pet Therapy (A2/B2) 2:30 Dice Club* (A)	18 2:30 Ash Wednesday Service (C) 7:00 Pet Therapy (A2/B2)	19 10:30 Rosary (C) 2:30 Red Hats* (A) 6:30 Picture It! (A)	20 10:30 Fun Fitnessize* (A) 2:30 Stories With Friends* (C)	21 10:30 Whoga/Yoga* (A)
22 2:30 Protestant Service (A/C)	23 10:30 Exercise (A) 2:30 Armchair Traveler* (A) 6:30 Connect Memory Game (A)	24 10:15 Devotions (C) 2:00 Pet Therapy (A3/EC) 2:30 Crafting Event (A)	25 2:30 Craft Club* (A)	26 10:30 Rosary (C) 6:30 Eat It Trivia (A)	27 2:00 Cooking Club* (A)	28 2:30 Healthy Choice Club* (A)
Legend: A - Auditorium C - Chapel *Denotes Club* If you have interest in joining a club or have questions, please see your Activity Therapist						

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-2 Pretzel City

Robert Sattazahn
Samuel Geddio
Faye Diefenderfer
Denis Reinheimer

A-1 Carsonia Court

Audrey Angstadt

B-2 Reading Station

Joan Nye

A-3 Penns Point

Norman Nolt

Essick Commons

During the month of January we had 12 new admissions



Happy February Birthdays



THERESA SALAMONE.....February 4	DOROTHY BAILEY.....February 19
JULIA KLUNKFebruary 6	SYLVIA DAVENPORT.....February 21
CLAULETTE YERGER.....February 6	SHIRLEY SCHWEITZER.....February 22
ELAINE WASIK.....February 10	STEVEN BARNETT.....February 22
SARAH FREEMAN.....February 12	BETTY MANWILLER.....February 23
ROBERT SATTAZAHN.....February 12	VIRGINIA KUSER.....February 27
*ELEANOR LOOMIS.....February 16	STELLA SHEIDY.....February 27
ELAINE TAYLOR..... February 16	
MAGDALENE BABIARZ.....February 19	

***Bold Denotes Centenarian**

Thank you to Conrad Weiser High School "Key Club" students. The students made gift bags for the residents for their community service project this year. They are also hard at work learning to crochet, making scarves for our residents. Thank you Conrad Weiser.



National Days In February

- Feb 2 Groundhog Day
- Feb 6 Wear Red Day
- Feb 7 Send a Card to a Friend Day
- Feb 9 Pizza Day
- Feb 11 Peppermint Patty Day
- Feb 14 Valentines Day
- Feb 16 Presidents' Day
- Feb 17 Random Acts of Kindness Day
- Feb 20 Love your Pet Day
- Feb 23 Banana Bread Day
- Feb 27 Polar Bear Day



HAPPY WORK ANNIVERSARY

20 YEARS

Melanie Kline.....Medical Records

15 YEARS

Francisca Moris.....Laundry



WELCOME TO OUR NEW STAFF!

Jose Del Valle CruzNursing
 Robinette Killen.....Nursing
 Bianca Dragan.....Nursing
 Alyce Pergine.....Nursing
 Emily Stoyer.....Nursing



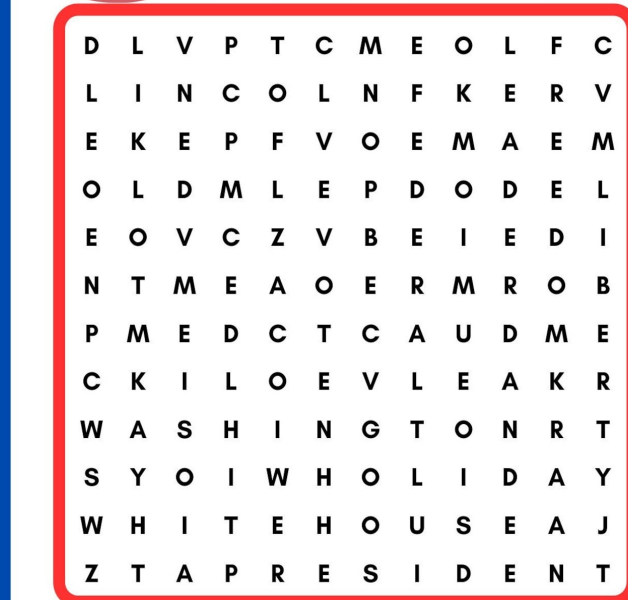
"CAN YOU SPY"...
WITH YOUR LITTLE EYE

A GROUNDHOG

ANSWER ON PAGE 8



President's Day Word Search



- | | | | |
|-------------|-----------|----------|---------|
| WASHINGTON | ELECT | LEADER | HOLIDAY |
| WHITE HOUSE | VOTE | FREEDOM | FEDERAL |
| LINCOLN | PRESIDENT | FEBRUARY | LIBERTY |



Things That Make You Go Hmmm....

By Andrea Riegel

Before high-wattage floodlights became prevalent, the NFL used a white football during night games to increase the visibility of the ball.

Polar bear coats have no white pigmentation. Their skin is black and their fur is hollow, which scatters light and gives them a white appearance.

San Francisco International Airport has a “wag brigade”- a whole pack of therapy dogs available to calm nervous fliers. Joining the canines is Lilou, a therapy pig.

Astronaut Chris Hadfield said outer space smells like gunpowder and burnt steak.

In 1964 Hasbro first used the term “action figures” to refer to its G.I. Joe figures. They didn’t think boys would want to call a toy a “doll”.

The “Chinese takeout container” was invented by an American in the late 1800’s to carry oysters.



Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There Are 9

Groundhogs

