



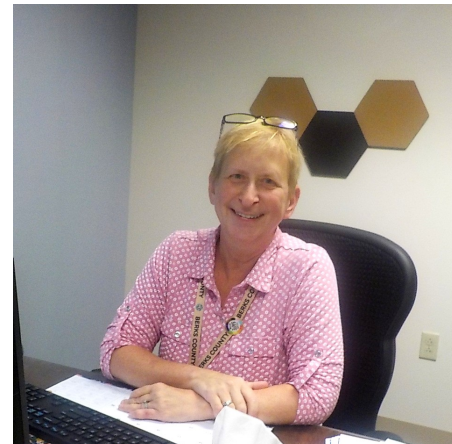
Family & Friends

Resident & Employee Newsletter

April 2025

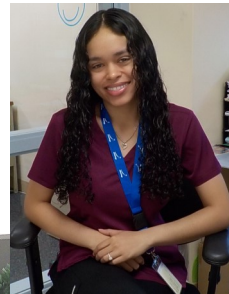


MESSAGE FROM THE ASSISTANT ADMINISTRATOR



This month I would like to express my gratitude to each and every staff member for their dedication and hard work. This month we celebrate National Laundry Day on April 15th, Administrative Professional Day on April 23, Hairstylist Appreciation Day on April 25, and National Volunteer Week beginning April 20-26. Please be sure to say thank you to these employees and volunteers and wish them a wonderful day.

New this month we will feature "News Around the Heim." If anyone has any news they want to share please be sure to let Clerical know. Again, thank you everyone.



NATIONAL LAUNDRY DAY

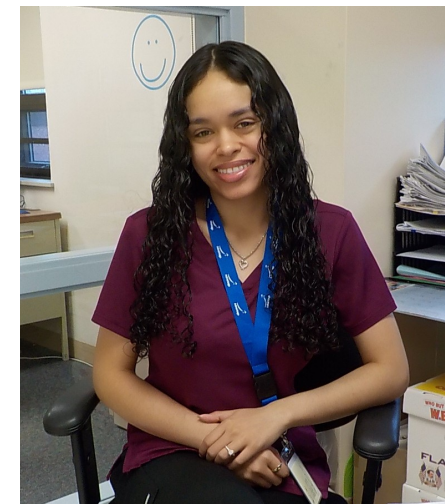


WELCOME NEW EMPLOYEES



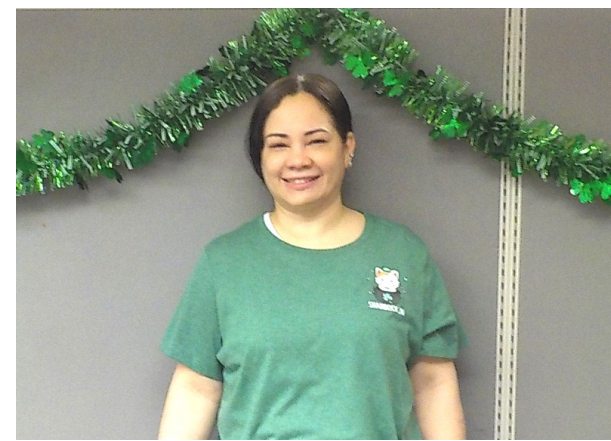
My name is Jose and I recently was hired as an Operations Manager for the EVS department. I grew up and attended school in Santo Domingo, Dominican Republic. I lived in New York for 18 years before moving to PA in 2002. I worked at St. Joseph Medical Center for 19 years.

I currently live with my wife and mother-in-law in Shillington. I enjoy baseball and playing dominoes.



My name is Tiffany and I recently started working as the Office Assistant in the Therapy department. I attended school at Wilson and Reading Area Community College.

I have a younger sister and brother and currently live in Temple with my husband. I enjoy spending time with my family. I also enjoy listening to music, singing, reading, going to the beach and visiting amusement parks.



My name is Irene and I recently started working as an Activity Therapist. I live in Reading with my husband Bryan and our cat. I attended Reading Area Community College.

I am very interested and passionate about football. I love working and I believe the world is a better place when there is kindness and love.

NEWS AROUND THE HEIM



Happy Retirement Kay Bader! Kay is celebrating her retirement from nursing after 35 years at Berks Heim, 18 of the last on Essick Commons. Kay will miss her many residents and co-workers. Upon retiring Kay plans to garden, sew, relax AND she will be back at Berks Heim volunteering to care for the gardens on Essick Commons. Thank you Kay for everything you have done and will continue to do for Berks Heim!



Congratulations to Marc Loiacono, Director of Maintenance on the birth of his second daughter, Liv, who was born March 5 weighing 6 lbs., 11 oz.

If anyone would like to contribute to the News Around the Heim please see the Clerical Department. We welcome retirements, births, marriages, vacations pictures, new pets etc.. We are looking to make each issue about the Heim family.



Danielle Crawford, RN on B2 welcomed her third child, a little girl, Demi' Lee on March 18th weighing 8 lbs., 9 oz, 20 inches long. Congratulations Danielle.

Residents celebrating Ash Wednesday Service



Happy St. Patrick's Day



NEWS AROUND THE HEIM



Students from Tulpehocken High School National Honor Society visited our residents for a bingo event and provided fun, laughter, prizes, and snacks. Thank you so much.



A few of our A2 residents making St. Patrick Day cards for their pen pals at Yocum Institute.



National Days in April



1 - April Fool's Day

3 - Find A Rainbow Day

7 - World Health Day



10 - Siblings Day

11 - Pet Day



13 - Palm Sunday (date varies)

15 - World Art Day

17 - Cheeseball Day

18 - Good Friday (date varies)

20 - Easter Sunday (date varies)



22 - Earth Day

25 - Arbor Day



27 - Tell A Story Day

In Search of Volunteers to help with the upkeep of the A1 & B1 gardens and the front flower bed. If anyone would like to help please see Michele in Clerical.



Clerical/Volunteer Department is looking for donations of small glass jars, empty toilet and paper towel rolls to be used for the monthly craft club to benefit our residents. Please bring donations to the Clerical Department.



APRIL



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p>		<p>1 10:15-Devotions (C) 10:00-Easter Make N Take (A) 2:00-Easter Make N Take (A)</p>	<p>2 2:30-BINGO (A/C) 6:30 Movie Night (A)</p>	<p>3 10:30-Rosary (C) 2:30-Red Hat* (A) 2:30-Resident Council (C) 7:00 What Would You Do (A)</p>	<p>4 10:30-Music N Motion* (A) 2:30—Stories with Friends* (A)</p>	<p>5 10:30-Month in Review (A)</p>
<p>6 2:30-Protestant Service (A/C)</p>	<p>7 10:30-Exercise (A)</p>	<p>8 10:15-Devotions (C) 2:30-Sports Club* (A) 7:00 Jeopardy (A)</p>	<p>9 </p>	<p>10 10:00 Gentlemens Club* (A) 10:30-Rosary (C)</p>	<p>11 10:30-Fun Fitnessize* (A) 2:00 Cooking Club* (A) 7:00-Salvation Army Dev. Prog. (C)</p>	<p>12 10:30-Taster's Choice (A)</p>
<p>13 2:30-Protestant Service (A/C)</p>	<p>14 10:30-Exercise (A) 2:30-Master Minds* (A)</p>	<p>15 2:30-Dice Club*(A) 7:00-Hebron Mennonite Youth Chorus (A)</p>	<p>16 10:30-Easter Hunt (A/C) 2:30-Easter Hunt (A/C)</p>	<p>17 10:30-Rosary (C) 10:30-Lava Java*(A) 2:30—Stories with Friends* (Vol Rm) 2:30-Djembe Drum * (A)</p>	<p>18 2:30-Good Friday Service (C)</p>	<p>19 10:30-Whoga Yoga* (A)</p>
<p>20 2:30-Protestant Service (C) 2:30-Easter Social (A)</p>	<p>21 10:30-Exercise (A) 2:30-Cheer Club* (A) 7:00-LOGO (A)</p>	<p>22 10:15-Devotions (C) 2:30-Funnel Cake Social (A/C)</p>	<p>23 7:00-Sort It Out (A)</p>	<p>24 10:30-Rosary (C)</p>	<p>25 </p>	<p>26 2:30-Active Games (A/C)</p>
<p>27 2:30-Protestant Service (A/C)</p>	<p>28 10:30-Exercise (A) 2:30-Armchair Travel* (A) 7:00-PICWITS (A)</p>	<p>29 10:15-Devotions (C)</p>	<p>30 2:30-Craft Club* (A)</p>			

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions



A-1 Carsonia Court

Eleanor Loomis
Steven Yanoski

Essick Commons

June Barndt

A-3 Penns Pointe

Mae Webber
Nancy Zimmerman

A-2 Pretzel City

Marian Englehart
Anthony Marando

B-2 Reading Station

Joseph Ustaszewski

During the month of March we had 18 new admissions

Happy April Birthdays

Marilyn Benevit.....April 1	Robert Roberts.....April 18
Grace Raifsnider.....April 3	Mary Schell.....April 19
Anna Herber.....April 4	Nancy Lemmerhart.....April 21
Carol Hirneisen.....April 4	Rosemary Albright.....April 23
Milicent Treat.....April 5	Anne Miller.....April 23
William Miller.....April 11	Lynn Schrader.....April 25
M Marie Lynn.....April 12	Sharri Northeimer.....April 26
Daniel Amoroso.....April 12	Lorraine O'Rourke.....April 28
George Sakacs.....April 15	
Doris Slavin.....April 16	

FLOWER OF APRIL



DAISY

BIRTHSTONE FOR APRIL



DIAMOND

PUZZLE PAGE



Spring Word Search



BLOSSOM

BLOOM

FLOWERS

RAIN

SHOWERS

EASTER

SPRING BREAK

GRASS

HATCH

BIRDS

SUNSHINE

SEASON

MARCH

APRIL

MAY

N	L	M	O	R	D	Y	S	M	B	M	O	O	L	B
N	I	A	R	M	E	L	E	S	E	E	A	W	O	G
U	O	Y	E	L	O	S	E	A	S	O	N	M	S	S
L	M	L	I	O	D	N	E	K	L	A	Y	R	P	H
H	C	T	A	H	I	N	G	Q	L	D	B	R	K	U
U	T	P	E	H	O	O	D	I	O	O	I	F	C	L
Y	T	I	S	R	E	T	R	M	D	N	T	R	E	U
V	W	N	A	O	E	P	J	T	G	N	E	D	X	V
E	U	G	R	N	A	D	M	B	R	A	Y	A	T	E
S	L	M	E	U	B	G	R	T	A	S	O	U	P	A
R	E	F	G	L	C	E	B	T	S	I	R	G	A	S
B	A	L	Y	B	A	E	N	O	S	R	E	H	R	T
Y	A	O	I	K	D	O	O	H	R	E	H	O	H	E
U	Y	W	E	M	S	H	O	W	E	R	S	E	D	R
C	H	E	F	A	M	C	L	Y	O	G	D	R	E	S
X	L	R	O	V	Z	R	C	O	J	B	R	I	N	O
F	I	S	E	A	R	A	K	S	L	E	I	O	E	L
B	L	O	S	S	O	M	C	B	J	W	B	M	O	B

Chaplain's Good News for April!

By Chaplain Kerry Hicks

Resurrection

With the coming of Easter on Sunday April 20 we celebrate the **Resurrection** of our Lord & Savior Jesus Christ.

Resurrection was not a strange idea to the people of Israel in Jesus's day. In *John 11:24* Martha says to Jesus that she knows her brother will be resurrected in the **resurrection** on the last day, which is Judgement Day. From this we know that it was common knowledge that eventually everyone will be resurrected, and that the **resurrection** will be for Judgment.

The basis for this belief in **resurrection** comes from numerous Hebrew Bible verses. One of the verses Rabbis use to speak of **resurrection** is *Numbers 18:28* which is speaking of the tithe says...*you will give it to Aaron the priest.* This is clearly a reference to paying the tithe after they enter the Promised Land, but Aaron did not even live to see the Promised Land, let alone receive a tithe there. The way he could receive the tithe then would be because he has been **resurrected**.

Deuteronomy 11:9 refers to...*your days in the land, which the LORD swore to your fathers to give to them...* Again this could only happen because the fathers had been resurrected.

Deuteronomy 31:16 says, *and the LORD said to Moses, Behold, you will sleep with your fathers; and this people will rise-up.* There are many scriptural references to the dead as sleeping. This is why Jesus said *I AM the God of Abraham and the God of Issac and the God of Jacob: He is not a God of the dead but the living.* (*Matthew 22:32*)

Isaiah put it straight out there when he said, *your dead people will live. They will rise together with my dead body. Awake and sing, you who dwell in dust, for your dew is like the dew of herbs, and the earth will cast out the dead.* (*Isaiah 26:19*)

The most beautiful reference to **resurrection** is more subtle. *Job 1:2-3* says: *And there were born to him seven sons and three daughters. His substance was also seven thousand sheep, three thousand camels, five hundred yoke of oxen, five hundred she-donkeys and a very great household, so that this man was the greatest of all the men of the east.* *Job 42:12-13* says, *So the LORD blessed the latter end of Job more than his beginning, for he had fourteen thousand sheep and six thousand camels and a thousand yoke of oxen and a thousand she-donkeys. He had also seven sons and three daughters.* If Job was given twice the flocks and herds after his ordeal, why did the LORD give him the same number of children that he had before the ordeal? The answer has to be that in the hereafter Job does have twice the children, fourteen sons and six daughters. That is a great comfort to all those who have lost children in this life. Many have had miscarriages, but we know that we will be with those children someday. As David said, *I shall go to him, but he will not come back to me.* (*2 Samuel 12:23*)

Jesus referred to **resurrection** in *Matthew 22:31.* *And concerning the resurrection of the dead did you not read what was spoken to you by God saying, "I AM the God of Abraham and the God of Issac and the God of Jacob?"* (*Exodus 3:6, 15-16*) *He is not the God of the dead but the living* This is also reported in *Mark 12:27* and *Luke 20:38.*

Resurrection is the reason why Jesus spoke several times about entering life when He was referring to the time after his body dies. He said, *and if your hand causes you to sin, you must immediately cut it off and cast it from you: it is better for you to enter life maimed than having two hands or two feet to have been cast into the eternal fire,* *Matthew 18:8-9.* *Matthew 19:17,* and *Mark 9:43-45* also refer to Entering Life.

God bless you and Happy Resurrection Day to all!!!

Chaplain Kerry

Source: William J. Morford ONMB



Things That Make You Go Hmmm....

By Andrea Riegel



Despite their mischievous nature, ravens seem capable of feeling empathy. When a raven's friend loses in a fight, they will seem to console the losing bird.

Andrew Johnson was a tailor in Tennessee before launching his political career.

Research shows you are more likely to have a creative epiphany after doing something monotonous. That may explain why some of our best thoughts occur in the shower.

Before Stephen Hillenburg created *SpongeBob SquarePants*, he taught Marine Biology at the Ocean Institute in California.

Scientists concluded that in 1997, the acid in a typical person's body was corrosive enough that it could dissolve a razor blade in just a few days.

Candy magnate Frank Mars named the Snickers bar after one of his horses. He raised horses on Milky Way Farm.

Pistol shrimp can snap their claws to shoot 60 mph bubbles at prey. These loud snaps can reach 210 decibels, louder than actual gunfire.

Berks Heim Family & Friends

- Administrator.....Terry Brennan, NHA
- Assistant Administrator.....Sally Miller, NHA
- Director of Nursing.....Elizabeth Ernst, RN
- Asst. Director of Nursing.....Lori Snyder, RN
- Asst. Director of Nursing.....Melissa Miller, RN

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How Many Did You Spy?

I Spy Answer :

There are 8 bunnies

