



Family & Friends

Resident & Employee Newsletter

June 2025

Hello



NEWS AROUND THE HEIM



On June 17 we celebrate our incredible Certified Nursing Assistants for the dedication they show our residents every day.

Also a huge thank you to Sharon and Pam in the scheduling office for all their hard work in meeting our staffing needs.



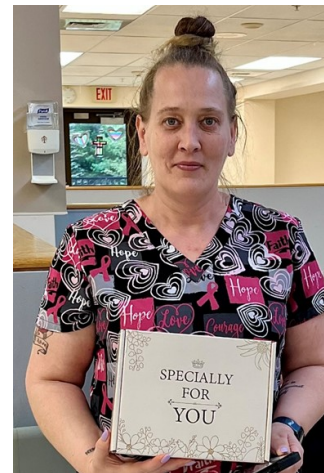
In May, Bill Howze from BCTV came to interview our very own Lorraine Hix along with Ruth Zerbe and Dolores Heinsohn. Bill is busy working on a documentary about Roadside America and these ladies have been with Roadside America in some capacity since the beginning. It was wonderful to hear their stories and adventures. Stay tuned for the documentary.



Congratulations to Cora Lowe, CNA on receiving a Kudos Shout out!

Recognizing her extra efforts during a snowstorm and assisting the kitchen in getting the meals out in a timely fashion to our residents.

Kudos awards will be drawn every four months for those staff being recognized during that time.



NEWS AROUND THE HEIM



The residents celebrated Cinco de Mayo, were entertained by Irish Dancers, and enjoyed a Bake Sale sponsored by the Volunteer Service Board.



New to Berks Heim is Toad Creek Tom along with Ginger. Tom will be entertaining us with his guitar playing and singing oldies once a month. Be sure to stop by and hear Tom and welcome him to the Berks Heim volunteer family.

Suzanne Baer retired from the Clerical department in May, congratulations to Suzanne on her retirement.



NATIONAL SKILLED NURSING CARE WEEK



May 11-17 Berks Heim celebrated Skilled Nursing Care Week. The week began with a Mother's Day Social. Throughout the week the residents enjoyed a movie, a talent show, bingo, the Encore Chorale, and a piano recital. The residents also played trivia games and participated in paper weaving. The employees also enjoyed a delicious luncheon. The week long celebration ended with a performance by Tony. Thank you to all our staff for making this a fantastic week for the residents.



WELCOME NEW EMPLOYEES



My name is Robert Murray and I am the new Operations Manager in the EVS department. I was born and raised in Schuylkill County and enjoy hiking and fishing. I live with my girlfriend of many years Kristine and our 2 cats Monkey and Snicklefritz.



Hello, my name is Caitlin Drobek and I recently started as the Manager of the Human Resources Department. I grew up in Temple and in Oley and graduated from Oley Valley High School and Alvernia University. I currently live in Governor Mifflin with my husband Jeremy, our 8 month-old daughter Athena, and our dog Daisy.

I enjoy coaching softball and field hockey, going to the beach, and camping. I practice an Open-Door Policy, and I am excited to get to know everyone.

National Days In June



- 1 - Go Barefoot Day
- 4 - Cheese Day
- 6 - D-Day, WWII
- 8 - Best Friends Day
- 10 - Iced Tea Day
- 12 - Nursing Assistants Day
- 13 - Friday The 13th
- 14 - Flag Day
- 15 - Father's Day
- 19 - Juneteenth
- 20 - Summer Solstice
- 27- National Food Truck Day



Join us for the First Food Truck of the Season!

Pip and Lily's Loaded Tots
June 6th, 2025 11am to 3 pm
Card is accepted, cash preferred



Stay Safe in the Sun



- Apply Sunscreen
- Wear Sunglasses
- Put on a hat
- Seek Shade
- Cover Up
- Stay Hydrated



Sun

Mon



Tue

Wed

Thu

Fri

Sat

| | | | | | | |
|---|--|---|---|--|---|---|
| <p>1 2:30-Protestant Service (A/C)</p> | <p>2 10:30-Exercise (A)</p> | <p>3 10:15-Devotions (C) 2:30-Hot Dog Social (A/C)</p> | <p>4 7:00-Trivia Adventure (A)</p> | <p>5 10:30-Rosary (C) 2:30-Resident Council (C)</p> | <p>6 2:30—Stories with Friends* (A) 7:00 - 20 Questions (A)</p> | <p>7 10:30-Month in Review (A) 2:30-Reminiscing Discussion (A)</p> |
| <p>8 2:30-Protestant Service (A/C)</p> | <p>9 10:30-Exercise (A) 2:30-Master Minds* (A)</p> | <p>10 10:15-Devotions (C) 2:30-Sports Club* (A)</p> | <p>11 2:30-BINGO-(A/C)</p> | <p>12 10:00 Gentlemens Club* (A) 10:30-Rosary (C) 2:30-Red Hat* (A) 7:00-Jeopardy (A)</p> | <p>13 10:30-Fun Fitnessize* (A) 7:00-Salvation Army (C)</p> | <p>14 Flag Day </p> |
| <p>15 10:00-Father's Day Brunch (A/C) 2:30-Protestant Service (C) 2:30-Father's Day Social (A)</p> | <p>16 10:30-Exercise (A) 7:00-Logo (A)</p> | <p>17 10:15-Devotions (C) 2:30-Waffles & Ice Cream (A/C)</p> | <p>18 2:30-Craft Club* (A)</p> | <p>19 JUNETEENTH</p> | <p>20 10:30-Fun Fitnessize* (A) 2:00-Cooking Club* (A) 2:30—Stories with Friends* (A)</p> | <p>21 1:00-Movie Matinee (A)</p> |
| <p>22 2:30-Protestant Service (A/C)</p> | <p>23 10:30-Exercise (A) 2:30-Armchair Traveler* (A) 7:00-Junk Drawer Det. (A)</p> | <p>24 10:15-Devotions (C) 2:30-Color my World* (A) 7:00-Family Feud (A)</p> | <p>25 2:30-Summer Celebration (A)</p> | <p>26 10:30-Rosary (C) 2:30-Djembe Drumming Circle *A)</p> | <p>27 10:30-You be the Judge* (A) 2:30-Prom (A/C)</p> | <p>28 2:00-Active Games (Learn Bocce) (A)</p> |
| <p>29 2:30-Protestant Service (A/C)</p> | <p>30 10:30-Exercise (A) 7:00 - Song Burst (A)</p> | |  | | | <p>Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist</p> |

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-1 Carsonia Court

Jeanne Craig

A-2 Pretzel City

Gloria Phillips

Rose Singerling

Joyceann Rhoads

A-3 Penns Pointe

Dolores Reitnauer

B-1 Market Square

Essick Commons

During the month of May we had 7 new admissions

Happy June Birthdays

| | |
|-------------------------------|-----------------------------------|
| James Cooper.....June 1 | Sarah Vancampen.....June 18 |
| Martha Smith June 2 | Marian Bagg.....June 18 |
| Regina Zdradzinski.....June 3 | Lorraine Hix.....June 19 |
| June Doaty.....June 6 | Mildred Shollenberger.....June 20 |
| Lee Rothenberger.....June 10 | Velma Bauman.....June 22 |
| Arleigh Hegarty.....June 10 | Judith Brndjar.....June 23 |
| Shirley Beck.....June 13 | Lynne Voit.....June 26 |
| Brian VancouverJune 14 | Patricia Dubeck.....June 30 |
| Jill Bailey.....June 15 | |
| Dorothy Fletcher.....June 16 | |
| Bonnie EhstJune 17 | |



***Denotes a Centenarian**

FLOWER OF JUNE



ROSE



BIRTHSTONE FOR JUNE



PEARL



PUZZLE PAGE



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

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| C | D | S | U | J | E | G | U | M | U | E | A | E | N | Z | D | L | U | C |
| I | N | R | X | C | S | D | T | A | K | M | L | U | O | F | I | M | A | H |
| T | E | O | E | N | C | C | D | E | O | M | M | R | W | Q | H | X | L | T |
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| L | X | K | O | C | E | L | F | E | N | K | I | E | H | P | X | E | F | K |
| X | S | T | R | A | W | B | E | R | R | Y | C | D | N | S | B | K | A | W |

- | | | | |
|--------------|-------------|-------------|-------------|
| ALEXANDRITE | GARDEN | LEMONADE | SOLSTICE |
| BARBECUE | GEMINI | LONGEST DAY | STRAWBERRY |
| D-DAY | GRADUATION | OUTDOORS | SUMMER |
| DIPLOMA | HONEYSUCKLE | PEARL | THIRTY DAYS |
| FATHER'S DAY | JUNE | PICNIC | VACATION |
| FLAG DAY | JUNETEENTH | ROSE | WEDDING |

Chaplain's Good News for June!

By Chaplain Kerry Hicks

Servant

Servant in the New Testament is a correct translation of three Greek words; diakonos, oiketays, and doulos. These three are worlds apart because diakonos is also translated minister and deacon while doulos and oiketays are also translated slave, meaning bond servant. An oiketays was a bond servant who worked only as a household servant: a maid, cook, nurse, butler, or some similar job. A bond servant is a person who has been purchased for a specific time or job. In the late 1800's it was common for people in Europe to agree to work for a U.S. company for a specified time in payment for their passage to the U.S. A believer is to be a bond servant for the LORD in the sense that we are obligated totally to Him, because our Redeemer purchased us with His blood. He is more than an employer because He has each of us under contract. This is different from slavery because we have free will and can break the contract if we desire. Paul's letters to the Romans and to Titus, Jame's letter, II Peter and Jude start by referring to the author as a doulos, a bond servant. Of God or Jesus. The relationship to people is as a diakonos. In several places this translation uses servant/minister to convey this point. A minister is ordained to serve people as Jesus came to serve, not to be served. See **Matthew 20:28**.

In the Hebrew Scriptures the references to slaves are overwhelmingly to bond servants. Slaves in Greek and Roman law were possessions, like furniture, that an owner could treat however he wanted. Killing a slave was not a crime. In Jewish law, Scripture, the slaves were bond servants, who had to be set free if they were injured. *And if a man strikes the eye of his bondservant or the eye of his female bond servant and destroys it, he will let him go free for his eye's sake. And if he knocks out his man bond servant's tooth or his maid bond servant's tooth, he will let him go free for his tooth's sake. (Exodus 21;27,27)*. He also had to be given a bonus to make a new beginning. *Beware that there is not a wicked thought in your heart saying, "The seventh year, the year of release, is at hand" and your eye is evil against your poor brother, and you give him nothing and he cries to the LORD against you then, it is a sin for you. You will surely give to him and your heart will not be grieved when you give to him. Because of this the LORD your God will bless you in all your works and in all that you put your hand to. (Deuteronomy 15:9,19)*.

Every Hebrew bond servant was released in the seventh year and all bond servants were released in the Jubilee, 50th year. When you see references to slaves in the Hebrew scriptures, you can be sure that the passage is speaking of bond servant. The only reference to slavery in the Hebrew Scriptures is in **Ezekiel 27:13** where the phrase "nefesh adam" is used, commonly translated "human souls" or "human lives." In the New Testament the only reference to Greek and Roman slavery is in **Revelation 18:13** where the Greek word somata is used of the merchants weeping over the loss of their wealth with the destruction of Babylon. That is speaking of bodies as possessions, which was the case with slavery, not only in Greece or Rome, but also in the United States, and was not the slavery of the Hebrew Scriptures.

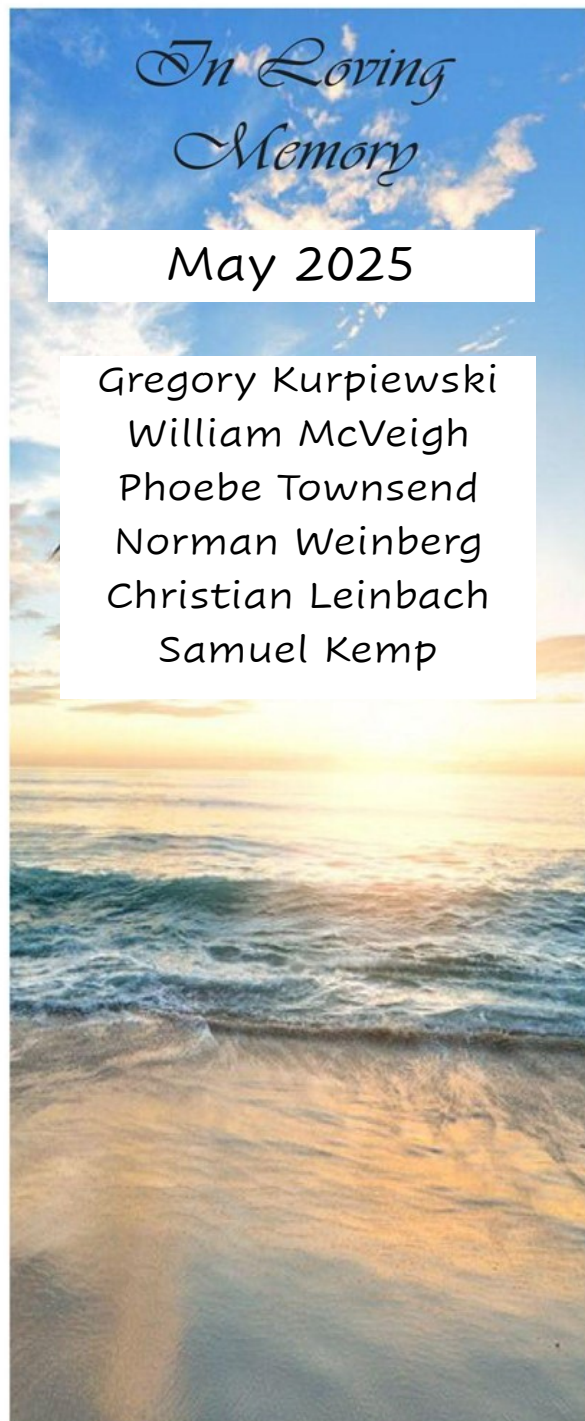
We are called to serve one another until our Lord comes back for us. Perhaps we would be wise to ask the Lord to help us in the power of His Holy Spirit to realize this as well as to put it into practice as often as we are able.

I can do all things through Christ, Who strengthens me. (Phillipians 4:13)

Shalom,

Chaplain Kerry

Source: Reverend William J. Morford ONMB



Things That Make You Go Hmmm....

By Andrea Riegel

The sun, Earth and most other planets rotate counterclockwise. But Venus rotates clockwise, and Uranus actually spins on its side.

From the 1930s until the 1970s, there were no female FBI agents. Only months after J. Edgar Hoover's death, women started being sworn in.

Buckingham Palace has 775 rooms. This includes, 52 bedrooms for royalty and guests, 188 staff bedrooms, 78 bathrooms, 92 offices, its own ATM, post office, cinema, swimming pool, doctor's office and jewelry repair shop.

The "chung chung" used in *Law & Order* was created in part by remixing the sound of 500 Japanese men stomping on a wooden floor during a Kabuki event.

Scientists have recorded the sound of icebergs breaking up in Antarctica as far north as the Equator.

Ostrich kicks are so powerful they can kill a lion.

Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There are 10

SUNS

