



# BIKE-TO-WORK- WEEK RIDE

Join family and friends for a fun bike ride through West Reading and the surrounding area. The ride is approximately 6 miles and will take about an hour to complete.

Form workplace teams now for a chance to win prizes!

**WHEN** **Friday, May 17**

Registration: 6:30 a.m.

Ride: 7 a.m.

**RAIN OR SHINE!**

**WHERE** Masonic Lodge Parking Lot -  
400 S 7th Ave, West Reading  
Across from the Doctor's Office Building

**INFO** Must be 18 years or older. Bicycles and helmets are required to participate. Refreshments and snacks are available for participants before and after the ride.



For more information,  
please scan the QR code,  
visit [BeWellBerks.org](https://www.BeWellBerks.org) or email  
[Community.Wellness@Towerhealth.org](mailto:Community.Wellness@Towerhealth.org)

Bike Safety Inspections such as tire pressure, loose bolts,  
seat adjustments, etc. will be provided by



Reading Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.

Thank you to the West Reading Police Department  
and City of Reading Police Department for their  
support of the Bike to Work Week Ride.

**COMMUTE PA**  
Greener Trips. Cleaner Air.

**PENSKE**  
RACING SHOCKS

*Please note: Event participants are responsible  
for their own safety while on the road.*