



Family & Friends

Resident & Employee Newsletter

October 2026



CELEBRATING EMPLOYEES

This month we celebrate our Pharmacy Team, our Materials Management Department, our Food Service Workers, our Physical Therapists, and our Clergy. Berks Heim is very fortunate to have all these incredible individuals who work as a team to make sure our residents are well taken care of. Thank you everyone!!



Ester Barclay started working at Berks Heim 3 years ago in the Nursing department as a LPN, and in September she moved into the position of the Restorative Nursing Program Coordinator.

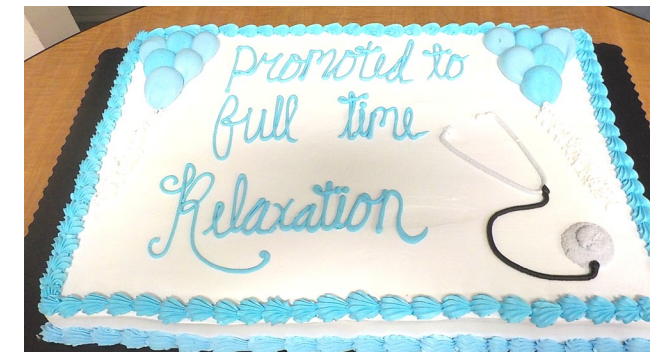
Ester graduated from Reading High School and currently lives in Muhlenberg with her five children, two dogs and one cat. Her hobbies are hanging with her husband and children and she loves being apart of the Berks Heim Team! Congratulations Ester on your new position!



HAPPY RETIREMENT DRS. BRACKBILL'S



Congratulations to the Brackbill's on their retirement. Dr. Elizabeth has been with Berks Heim for 45 years and Dr. Robert 40 years. Dr. Elizabeth is looking forward to finishing some projects around the house while Dr. Robert is excited for the first day of retirement to turn off his beeper and sleep through the night. They are both looking forward to spending more time with their children and grandchildren and traveling. We wish them much happiness and we will miss them tremendously.



**“CAN YOU SPY”...
WITH YOUR LITTLE EYE**

**A
SCARECROW**



ANSWER ON PAGE 12

IN CASE YOU MISSED IT.....Fun Happenings At Heim Fest



Thank you to everyone who helped make this year's Heim Fest a huge success for the residents and their families. From the Volunteer Service Board, the staff at Berks Heim and all the volunteers, thank you so much!! We couldn't have done it without you all.



HEIM FEST HAPPENINGS.....

Residents and families enjoying good food and good times at Heim Fest.





OCTOBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Legend: A - Auditorium C - Chapel *Denotes Club - If you have interest in joining a club or have questions, please see your Activity therapist.				1 10:30 Rosary (C) 2:30 Resident Council (C) 3:30 Pet Therapy (A1/B1) 6:30 Choices- Thinking Is Fun (A)	2 10:00 Pet Therapy (EC) 2:00 Nails (A1/A3)	3 10:30 A Month In Review (A)
4 2:30 Protestant Service (A/C)	5 10:30 Exercise (A) 2:00 Western Whirlwinds* (A)	6 10:30 Catholic Mass (C) 2:00 Pet Therapy (A2/B2) 2:30 Game Lounge* (A)	7 2:30 Poetry Club* 6:30 Name 10 (A)	8 10:00 Gentlemen's Club* (A) 2:30 Music by Give Us A Minute (A/C)	9 10:00 Pet Therapy (EC) 10:30 Fun Fitnessize* (A) 1:30 Crazy About Movies (A) 2:30 Stories W/Friends* (C) 6:30 Salvation Army (C)	10 10:30 Taster's Choice* (A)
11 2:30 Protestant Service (C)	12 10:30 Exercise (A) 2:30 Master Minds* (A) 6:30 Up For Debate (A)	13 10:15 Devotions (C) 2:00 Pet Therapy (A3/EC) 2:00 Nails (B1/A1) 2:30 Music By Toad Creek Tom (A)	14 2:30 Nativity Bingo (A/C)	15 10:30 Rosary (C) 10:30 Lava Java* (A) 2:30 Red Hats* (A)	16 10:00 Pet Therapy (EC) 6:30 Junk Drawer Detective (A)	17 10:30 Whoga/Yoga* (A)
18 2:30 Protestant Service (A/C)	19 10:30 Exercise (A) 2:30 October Fest (A)	20 10:15 Devotions (C) 2:00 Pet Therapy (A1/B1) 2:30 Friedens Bingo (A/C) 6:30 Jeopardy (A)	21 2:30 Card Club * (A) 7:00 Pet Therapy (A1/B1)	22 10:30 Rosary (C) 2:30 Wernersville Women's Bingo (A/C)	23 10:00 Pet Therapy (EC) 10:30 Fun Fitnessize* (A) 2:00 Cooking Club* (A) 2:30 Stories W/Friends* (C)	24 10:30 National Bologna Day (A) 2:30 Healthy Choice* (A)
25 2:30 Protestant Service (A/C)	26 10:30 Exercise (A) 2:30 Armchair Travel* (A)	27 10:15 Devotions (C) 2:00 Pet Therapy (A2/B2) 2:00 Nails (A3/A2) 6:30 Recall Remember & Reminisce (A)	28 2:30 Craft Club* (A) 6:30 Let's Talk (A)	29 10:30 Rosary (C) 2:30 Farm Women Bingo (A/C)	30 10:00 Pet Therapy (EC) 2:30 Orange & Black Social Music by Steven Barth (A/C)	31 2:30 Halloween Fun (A/C)

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-2 Pretzel City

John Ettaro

Zigmund Kulesza

Dawn Domagalski

Margaret Smith

Joseph Naglak

Roger Himmelberger

B1 Market Square

Henrietta Ziegler

B2 Reading Station

Kareen Smith

During the month of September we had 11 new admissions

Happy October Birthdays

LARRY NEFF..... OCTOBER 1
 DOROTHY GOLDENOCTOBER 4
 VIRGINIA FICHTHORN.....OCTOBER 4
 GARY ADAMS.....OCTOBER 5
 JOSEPH NAGLAK.....OCTOBER 5
 BARBARA LEITHEISER.....OCTOBER 6
 BEVERLY FIDLER.....OCTOBER 6
 CAROL WEIK.....OCTOBER 7
 ROBERT KOHLER.....OCTOBER 10
 SHIRLEY PETERY.....OCTOBER 11
 BARBARA PEZZINO.....OCTOBER 12
 KAY HERTZOG.....OCTOBER 13
 BRENDA LEONE.....OCTOBER 13

LOUISE JONES.....OCTOBER 14
 BEVERLY KUZMISSION.....OCTOBER 16
 JUNE GEIST.....OCTOBER 18
 MARY GEHRINGER.....OCTOBER 19
 RUTH KARPER.....OCTOBER 19
 *MARY MAHON.....OCTOBER 22
 *MARY BORRELL.....OCTOBER 23
 SHIRLEY LINGERIS.....OCTOBER 26
 KLARA CARLISLE.....OCTOBER 27
 ALFRED CIABATON.....OCTOBER 28

*DENOTES CENTENARIAN

October Flower:

Marigold



October Birthstone:

Opal



PUZZLE PAGE

Chaplain’s Good News for October

By Chaplain Kerry Hicks

Forgiveness of Sin – Part II of III

Seek Forgiveness of Others

In seeking forgiveness from someone you are automatically confessing to that person. *And if your brother sins against you, you must go, you must show him the error between you and him alone. If he listens to you, you have gained your brother: (Leviticus 19:17) but if he would not listen, you must take with you yet one or two, so that by a mouth of two or three witnesses every word would stand: (Deuteronomy 19:35) and if he refuses to listen to them, you must speak at once to the congregation: then if he refuses to listen to the congregation, he must be to you even as the heathen and the tax collector. (Matthew 18:15 -17).*

Confessing to a third party is not called for aside from the above sequence. Confessing to a group is not called for unless that group is the injured party. *Therefore, you must continually confess your sins for yourselves on behalf of one another so that you would be healed. The plea of a righteous person is very powerful, working effectively. (Job 5:16).* Confession here is to the injured party. This verse has been misunderstood, but Jacob was not talking about public confession, nor was he talking about confessing the same sin over and over. After all, once repented that sin has been erased by God, *Isaiah 43:25.*

Repent

Therefore, I shall judge you, O House of Israel, each one according to his ways, the word of Adonai, The LORD. Repent! Turn from all your transgressions so iniquity will not be your ruin. (Ezekiel 18:30). The Bible frequently uses the word return to express repentance, as Go! *Let us return to the LORD! For He has torn, and He will heal us, He has smitten, and He will bind us up. (Hosea 6:1).* Return is appropriate because repentance requires action, much more than just regretting something. Without action, a change in behavior, there is not true repentance. The sinner must resolve not to repeat the mistake. See *Psalms 51* for a model prayer of repentance.

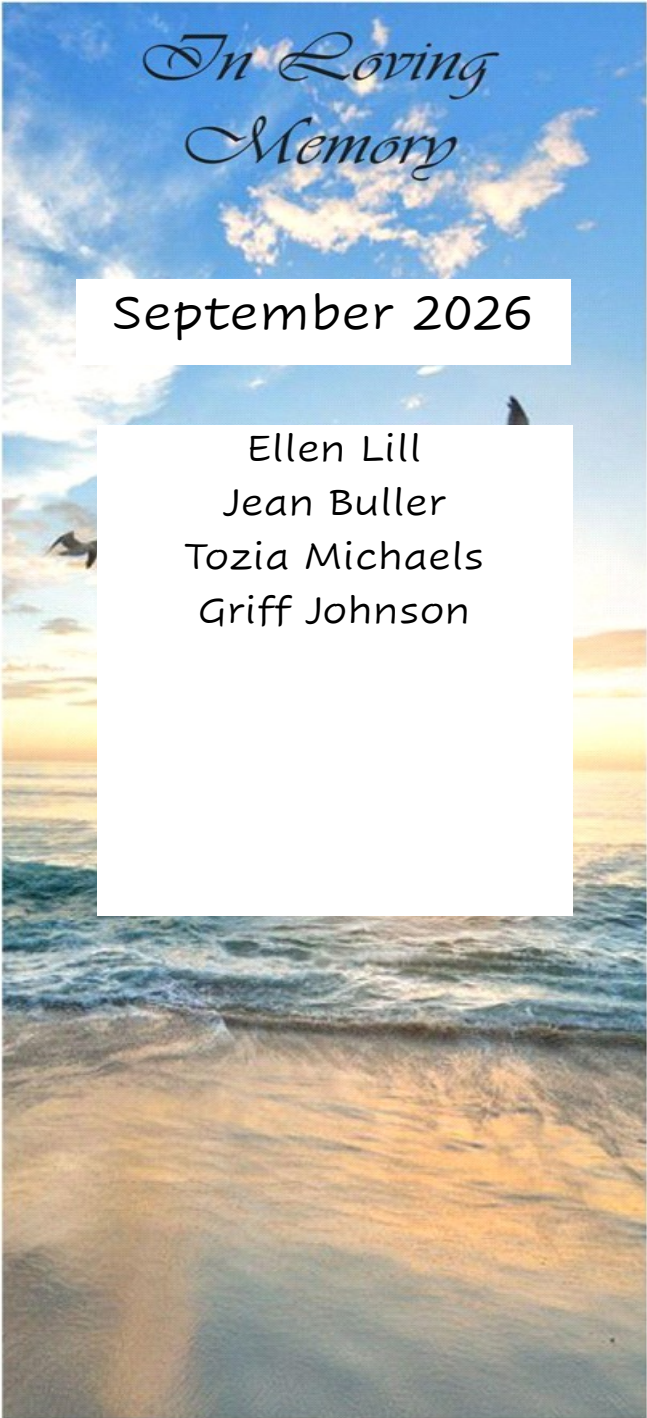
Forgiveness from God

There are three verses that clearly state God’s position. Exodus says, *keeping loving kindness for thousands, forgiving iniquity, transgression, and sin, (Exodus 34:7) Isaiah wrote, I AM, I AM He who erases your transgressions for My own sake and I shall not remember your sins! (Isaiah 43:25).* Jeremiah wrote, *They will no longer teach – each man his fellow, each man his brother – saying Know the LORD! For all of them will know Me, from their smallest to their greatest – the word of the LORD – when I shall forgive their iniquity (Intentional sin)) and will no longer recall their sin (failure, fault, sin). (Jeremiah 31:33).*

God bless you all,

Chaplain Kerry

Source: William J. Morford ONMB



Things That Make You Go Hmmm....

By Andrea Riegel



The first World Series took place on October 1, 1903. The Boston Americans won it that year!

The loudest insect species on Earth is the Cicada, coming in at nearly 107 decibels.

Minnesota’s state nickname is “Land of 10,000 Lakes.”

Havard University was named for a Puritan Minister and held it’s first classes in the summer of 1638.

Scientists have observed bees starting their honeycomb holes as circles before forming them into the familiar hexagon shape.

The tradition of Referees wearing stripes began after one of them was mistaken for a teammate during a football game.

Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer :

There Are 6
Scarecrows

